



All-ACADEMIC RELEASE

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NEWS RELEASE

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2007 NSIC Fall All-Academic Teams Announced

St. Paul, Minn. — The Northern Sun Intercollegiate Conference has announced its All-Academic Teams for the 2007 fall athletic season. To be eligible for this honor, the student-athlete must be a member of the varsity traveling team and have a cumulative grade point average of 3.20 or better. Furthermore, the student-athlete must have reached sophomore academic and athletic standing at the institution represented with one full year completed at that particular institution.

FOOTBALL

Zach Christ	Sr. Bemidji State	Buffalo, Minn.
Adrian Dunn	Sr. Bemidji State	Healdsburg, Calif.
Jared Dunn	Sr. Bemidji State	Healdsburg, Calif.
Jeremy Gettel	Sr. Bemidji State	Stewart, Minn.
Kyle Jorgenson	Jr. Bemidji State	Princeton, Minn.
Joshua Karch	Jr. Bemidji State	Moorhead, Minn.
Kyle McMartin	Jr. Bemidji State	Osceola, Wis.
Daniel Naggengast	Sr. Bemidji State	Plymouth, Minn.
Zachary Stafford	Sr. Bemidji State	Fergus Falls, Minn.
Kole Goodchild	Sr. Concordia-St. Paul	West Bend, Iowa
Chuck Miesbauer	Sr. Concordia-St. Paul	St. Paul, Minn.
Charlie Johnston	Jr. Concordia-St. Paul	Aberdeen, S.D.
Mark Sullivan	Jr. Concordia-St. Paul	LaCrosse, Wis.
Ben Schumacher	Sr. Concordia-St. Paul	Oskaloosa, Iowa
Brock Ballweber	So. University of Mary	Bismarck, N.D.
John Beshara	Sr. University of Mary	Sacramento, Calif.
Brian Finnegan	Sr. University of Mary	Chico, Calif.
Saul Helgeson	Sr. University of Mary	Bismarck, N.D.
Jesse Kozak	Jr. University of Mary	Sana Rosa, Calif.
Sean Larson	Sr. University of Mary	Wheatland, Wyo.
Cale Peterson	Sr. University of Mary	Havana, N.D.
Blair Sandy	Sr. University of Mary	Harvey, N.D.
Rett Thibodeaux	So. University of Mary	La Porte, Tex.
Josh Winfield	So. University of Mary	Las Vegas, Nev.
Harrison Dotson	So. MSU Moorhead	Long Prairie, Minn.
Eric Eager	Sr. MSU Moorhead	Maplewood, Minn.
Eric Frost	Sr. MSU Moorhead	Bloomington, Ill.
Craig Kutz	So. MSU Moorhead	Sheboygan, Wis.
Jonathan Miller	Jr. MSU Moorhead	Goodridge, Minn.
Dennis Oswald	Jr. MSU Moorhead	Detroit Lakes, Minn.
Jon Swart	So. MSU Moorhead	Fargo, N.D.
Jordan McCormick	Sr. Minnesota, Crookston	San Leandro, Calif.
Chris McMullen	Sr. Minnesota, Crookston	Anchorage, Alaska
Kyle Myers	So. Minnesota, Crookston	Palmyra, N.J.
Kaleb Bowman	Sr. Northern State	Labolt, S.D.
Bryar Johnson	Sr. Northern State	Litchfield, Minn.
Seth Metz	So. Northern State	Spring Hill, Fla.
Ryan Olerud	Jr. Northern State	Clear Lake, S.D.
Ben Adams	Sr. Southwest Minnesota St.	LeRoy, Minn.
Tim Cariveau	Jr. Southwest Minnesota St.	Dawson, Minn.
Matt Carmody	So. Southwest Minnesota St.	Pipestone, Minn.
Tyler Fischer	Sr. Southwest Minnesota St.	Gettysburg, S.D.
Tom Kolb	Jr. Southwest Minnesota St.	Goodwin, S.D.
Tyler Mickelson	So. Southwest Minnesota St.	Rio, Wis.
Tyler Reed	Jr. Southwest Minnesota St.	Ottumwa, Iowa
Tony Rislov	Jr. Southwest Minnesota St.	Pierre, S.D.
Josh Shudlick	Jr. Southwest Minnesota St.	Tomah, Wis.
Justin Van Wyk	Sr. Southwest Minnesota St.	Monroe, Iowa
Jordan Wager	So. Southwest Minnesota St.	Dawson, Minn.
Grant Wells	Jr. Southwest Minnesota St.	Fonda, Iowa
Jerad Jandrain	Jr. Upper Iowa	DePere, Wis.
Doug Akins	Jr. Upper Iowa	Marshalltown, Iowa
Curtis Crittendon	Sr. Upper Iowa	Pacifica, Calif.

Aaron McFarland	Sr. Upper Iowa	Council Bluffs, Iowa
Allen Conrad	Sr. Upper Iowa	Sheboygan, Wis.
Jay Lehman	Sr. Upper Iowa	Epworth, Iowa
Jay Winter	Sr. Wayne State	Wessington, S.D.
Luke Hoffman	Jr. Wayne State	Wakefield, Neb.
Collin Prosser	Jr. Wayne State	Vermillion, S.D.
Tyler Krueger	Jr. Wayne State	Pierce, Neb.
Tyler Gebers	So. Wayne State	Holstein, Iowa
David Braun	Sr. Winona State	Wales, Wis.
Shawn Cunningham	Sr. Winona State	Waukon, Iowa
Matthew Finch	Sr. Winona State	Ames, Iowa
Matt Frommelt	Sr. Winona State	Dubuque, Iowa
Marcus LaBadie	Sr. Winona State	Burlington, Wis.
Craig Martindale	Sr. Winona State	Ottumwa, Iowa
Nathan Skala	Sr. Winona State	Owatonna, Minn.
Todd Burkoth	Jr. Winona State	Arlington Heights, Ill.
Bryce Fogelson	Jr. Winona State	Byron, Minn.
Ellis Minor	Jr. Winona State	Ripon, Wis.
Joe Pallardy	Jr. Winona State	Naperville, Ill.
Scott Sherman	Jr. Winona State	Green Bay, Wis.
Randy Spring	Jr. Winona State	Elgin, Minn.
Nick Urban	Jr. Winona State	Brookfield, Wis.
Brent Yule	Jr. Winona State	Medford, Minn.
Eric Boehm	So. Winona State	Sioux Falls, S.D.
Marcus Greatens	So. Winona State	Pulaski, Wis.
Ryan Rothwell	So. Winona State	McFarland, Wis.

MEN'S CROSS COUNTRY

Paul James	So. Concordia-St. Paul	St. Paul, Minn.
Jacob Mills	Sr. Concordia-St. Paul	Volga, S.D.
Kurt Rettig	Sr. University of Mary	Medina, N.D.
Scott Egeberg	Jr. MSU Moorhead	Valley City, N.D.
Jim Fay	So. MSU Moorhead	Hugo, Minn.
Erik Hest	Jr. MSU Moorhead	Moorhead, Minn.
Dustin Lillegaard	Sr. MSU Moorhead	Bagley, Minn.
Tim Baustian	Jr. Northern State	Dell Rapids, S.D.
Josh Schmeichel	So. Northern State	Milbank, S.D.
Andrew Bachman	So. Wayne State	Creston, Neb.
Ryan Slack	So. Winona State	Mankato, Minn.

WOMEN'S CROSS COUNTRY

Margaret Osgood	Jr. Bemidji State	St. Cloud, Minn.
Kendall Bruhl	Sr. Concordia-St. Paul	Denver, Colo.
Megan Fulton	So. Concordia-St. Paul	Sussix, Wis.
Kaitlin Hartnett	Sr. Concordia-St. Paul	Omaha, Neb.
Sandra James	So. Concordia-St. Paul	St. Paul, Minn.
Danielle Stewart	So. Concordia-St. Paul	Tony, Wis.
Shae Wallin	Sr. Concordia-St. Paul	Big Lake, Minn.
Kristen Frohlich	Sr. University of Mary	Monroe, Utah
Ivy Roe	Sr. University of Mary	Kindred, N.D.
Kari Bloch	So. MSU Moorhead	Willmar, Minn.
Michelle Hanson	Jr. MSU Moorhead	Dickinson, N.D.
Sara Rebenitsch	Jr. MSU Moorhead	West Fargo, N.D.
Ashley Roemer	So. MSU Moorhead	Maple Lake, Minn.
Meghan Costello	So. Wayne State	Grand Island, Neb.
Molly Gibson	So. Wayne State	Grand Island, Neb.
Melissa Schmit	So. Wayne State	Randolph, Neb.
Sarah Thomsen	So. Wayne State	Wahoo, Neb.
Megan Zavorka	So. Wayne State	Torrington, Wyo.
Courtney MacLeod	Jr. Winona State	Chanhassen, Minn.
Allie Glasbrenner	So. Winona State	Prairie du Chien, Wis.
Lena Parrilli	So. Winona State	Trout Valley, Ill.
Stephanie Smith	So. Winona State	Marshfield, Wis.

The NSIC is a 10-team, 17-sport, NCAA Division II Conference with teams located in Iowa, Minnesota, Nebraska, North Dakota and South Dakota.

Bemidji State • Concordia - St. Paul • Univ. of Mary • Minnesota, Crookston • Minnesota State Moorhead • Northern State • SW Minnesota State • Upper Iowa • Wayne State • Winona State



2007 NSIC FALL ALL-ACADEMIC TEAM

MEN'S GOLF

Adam McArthur	Jr.	Bemidji State	Detroit Lakes, Minn.
Neil Rude	Sr.	Bemidji State	White Bear Lake, Minn.
Daniel Johnson	So.	Concordia-St. Paul	Windom, Minn.
Lance Meyer	Jr.	Concordia-St. Paul	Janesville, Minn.
Matthew Bakkmum	Jr.	University of Mary	Steele, N.D.
Zach Dosch	Jr.	University of Mary	Bismarck, N.D.
Brad Shetler	Sr.	University of Mary	Sturgis, S.D.
Craig Nelson	Sr.	Northern State	Mayville, N.D.
Bryan Peck	Jr.	Upper Iowa	Grand Meadow, Minn.
Tyler Pederson	So.	Upper Iowa	Kiester, Minn.
Brent Hoelsing	Sr.	Wayne State	Laurel, Neb.
Kevin Loeffler	Sr.	Winona State	Caledonia, Minn.
Johnathon Anderson	Jr.	Winona State	Ettrick, Wis.

WOMEN'S SOCCER

Jamie Ford	So.	Bemidji State	Edina, Minn.
Kelly Hyvare	Jr.	Bemidji State	Coon Rapids, Minn.
Madeline Pletta	So.	Bemidji State	Rochester, Minn.
Emily Prall	Sr.	Bemidji State	White Bear Lake, Minn.
Megan Wallner	Sr.	Bemidji State	Bemidji, Minn.
Hannah Turgerson	Jr.	Concordia-St. Paul	Shoreview, Minn.
Keyton Wheelock	Jr.	Concordia-St. Paul	Traverse City, Mich.
Bridget McAndrew	So.	Concordia-St. Paul	Iowa City, Iowa
Cassandra Rikkola	Jr.	Concordia-St. Paul	Bloomington, Minn.
Sam Voeller	Jr.	Concordia-St. Paul	White Bear Lake, Minn.
Roxy Kashani	So.	Concordia-St. Paul	Prior Lake, Minn.
Kendra Benson	So.	Concordia-St. Paul	Anoka, Minn.
Kyla Rentch	So.	Concordia-St. Paul	Atlanta, Ga.
Nikki Hertel	So.	Concordia-St. Paul	West Fargo, N.D.
Brannigan Colyle	Jr.	University of Mary	Minot, N.D.
Carly Feiler	So.	University of Mary	Pierre, S.D.
Megan Ferguson	Sr.	University of Mary	Lexington, Neb.
Jessica Janusz	Jr.	University of Mary	Bismarck, N.D.
Liz Keller	Sr.	University of Mary	Rapid City, S.D.
Kelsey Kunz	So.	University of Mary	Mandan, N.D.
Shanda Lester	Sr.	University of Mary	Rapid City, S.D.
Danielle Mello	Jr.	University of Mary	Casper, Wyo.
Jill Rounds	Jr.	University of Mary	Pierre, S.D.
Amanda Schreiber	Jr.	University of Mary	Bismarck, N.D.
Abby Barker	Jr.	MSU Moorhead	Fergus Falls, Minn.
Victoria Coursen	So.	MSU Moorhead	Sterling, Alaska
Hayley Gulayets	Jr.	MSU Moorhead	Calgary, Alb.
Megan Reberg	So.	MSU Moorhead	Fargo, N.D.
Ashley Rietz	So.	MSU Moorhead	Walcott, Iowa
Sarah Toward	Jr.	MSU Moorhead	Isanti, Minn.
Megan Hannon	So.	Minnesota, Crookston	Green Bay, Wis.
Kiely Bladow	Sr.	Minnesota, Crookston	Moundment, Colo.
Aleasha DeVaney	So.	Northern State	Aberdeen, S.D.
Kelly Dunsmore	So.	Northern State	Calgary, Alb.
Catherine Grace	Jr.	Northern State	Littleton, Colo.
Maggie Madrid	Jr.	Northern State	Petaluma, Calif.
Laura Skog	So.	Northern State	Anoka, Minn.
Larissa Strychun	Sr.	Northern State	Calgary, Alb.
Summer Swan	So.	Northern State	Oregon City, Ore.
Kelsey Vinnedge	Sr.	Northern State	Great Falls, Mont.
Kira Wannebo	Sr.	Northern State	Weston, Fla.
Stephanie Connolly	Jr.	Northern State	Red Deer, Alb.
Heather Anderson	So.	Southwest Minnesota St.	Brooklyn Park, Minn.
Emily Barnes	So.	Southwest Minnesota St.	Alexandria, Minn.
Kayla Borstad	Jr.	Southwest Minnesota St.	Coppell, Texas
Jessica Curl	So.	Southwest Minnesota St.	Bismarck, N.D.
Ashley Elbers	So.	Southwest Minnesota St.	Sioux Falls, S.D.
Elise Floersheim	So.	Southwest Minnesota St.	Little Falls, S.D.
Lindsey Hayes	Jr.	Southwest Minnesota St.	Reedsburg, Wis.
Heather Holmes	So.	Southwest Minnesota St.	Fridley, Minn.
Jena Tiemeyer	Jr.	Southwest Minnesota St.	Iowa City, Iowa
Laura Durance	So.	Upper Iowa	Monroe, Mich.
Melissa Heitzman	So.	Upper Iowa	Ames, Iowa
Jennifer Lee	Jr.	Upper Iowa	Kenosha, Wis.
Jacqueline Greco	So.	Upper Iowa	St. Louis, Mo.
Cara Mauldin	So.	Upper Iowa	Belleville, Ill.

Tiffany Whitcher	So.	Upper Iowa	Waterloo, Ill.
Shannon Myers	So.	Upper Iowa	W. Chicago, Ill.
Erica Baedke	Sr.	Upper Iowa	Gowrie, Iowa
Erin Rehfeldt	Sr.	Upper Iowa	Rockford, Ill.
Lauren Smith	Sr.	Upper Iowa	Flint, Mich.
Gena Romano	Sr.	Wayne State	Lincoln, Neb.
Cassidy Goc	Jr.	Wayne State	Columbus, Neb.
Christina King	So.	Wayne State	Omaha, Neb.
Molly Blum	Sr.	Winona State	Verona, Wis.
Anne Lauterer	Sr.	Winona State	St. Charles, Ill.
Lindsay Opgenorth	Sr.	Winona State	Green Bay, Wis.
Kallie Tellefsen	Sr.	Winona State	Andover, Minn.
Gina Florin	Jr.	Winona State	Antioch, Ill.
Leslie Schumacher	Jr.	Winona State	Dubuque, Iowa
Amelia Kasten	Jr.	Winona State	Rochester, Minn.
Haley Leverington	So.	Winona State	Burnsville, Minn.
Bryna Peplinski	So.	Winona State	Appleton, Wis.

VOLLEYBALL

Jennifer Janckila	Jr.	Bemidji State	Appleton, Wis.
Allison Kunde	So.	Bemidji State	Burnsville, Minn.
Laura Vonasek	So.	Bemidji State	East Grand Forks, Minn.
Mary Slinger	So.	Concordia-St. Paul	Faribault, Minn.
Maggie McNamara	So.	Concordia-St. Paul	Zumbrota, Minn.
Maria Steinhagen	Jr.	Concordia-St. Paul	Alexandria, Minn.
Sadie Kessler	So.	Concordia-St. Paul	Albertville, Minn.
Kate Bennett	Sr.	Concordia-St. Paul	Eagan, Minn.
Denise Enebo	So.	University of Mary	Glasgow, Mont.
Kelsey Hennessy	So.	University of Mary	Berthold, N.D.
Makenzie Hennessy	Sr.	University of Mary	Berthold, N.D.
Katie Hogan	So.	University of Mary	Rapid City, S.D.
Ashley Maas	Sr.	University of Mary	Rapid City, S.D.
Ashley McCarty	Sr.	University of Mary	York, N.D.
Leah Wesoloski	So.	University of Mary	Williston, N.D.
Keri Dowzak	So.	MSU Moorhead	Rosemount, Minn.
Kelci Guenther	Jr.	MSU Moorhead	Williston, N.D.
Courtney Marr	Sr.	MSU Moorhead	Wyoming, Minn.
Calla Oftedahl	Jr.	MSU Moorhead	Apple Valley, Minn.
Carrie Schwartzberger	Sr.	MSU Moorhead	Moorhead, Minn.
Mary Sussenguth	So.	MSU Moorhead	Willmar, Minn.
Theresa Crance	Sr.	Minnesota, Crookston	Timber Lake, S.D.
Lisa Steinbrecher	Sr.	Minnesota, Crookston	Seward, Alaska
Cassie Yates	Jr.	Minnesota, Crookston	Buffalo, Minn.
Emily Knaeble	Sr.	Northern State	Andover, Minn.
Melanie Perez	Jr.	Northern State	Rio Piedras, PR
Jill Rasmussen	Sr.	Northern State	Sioux Falls, S.D.
Leah Ashburn	So.	Southwest Minnesota St.	Hector, Minn.
Sara Graf	So.	Southwest Minnesota St.	Mt. Pleasant, Iowa
Tricia Ingvolson	Sr.	Southwest Minnesota St.	Caledonia, Minn.
Kasey Loeslie	Sr.	Southwest Minnesota St.	Tracy, Minn.
Sarah Quiram	Jr.	Southwest Minnesota St.	LeSueur, Minn.
Lauren Swain	So.	Southwest Minnesota St.	Bloomington, Minn.
Darcy Hageman	Sr.	Upper Iowa	Decorah, Iowa
Keely Jones	Sr.	Upper Iowa	Bettendorf, Iowa
Jennifer Andree	So.	Upper Iowa	Waterville, Minn.
Nicole Burger	Jr.	Upper Iowa	Strawberry Point, Iowa
Shea Meyerman	So.	Upper Iowa	Camanche, Iowa
Heidi Laitinen	Jr.	Upper Iowa	Canton, Minn.
Mattie Burnham	Sr.	Wayne State	York, Neb.
Laura Dolezal	Sr.	Wayne State	Columbus, Neb.
Emily Schroeder	Sr.	Wayne State	Belden, Neb.
Meredy Dubbs	Jr.	Wayne State	Wood River, Neb.
Amanda Johnson	Jr.	Wayne State	Omaha, Neb.
Brittany Van Beek	Jr.	Wayne State	Sanborn, Iowa
Jordan Schaffer	So.	Wayne State	Redfield, S.D.
Tessa Wietfeld	So.	Wayne State	Leigh, Neb.
Lisa Dobie	Sr.	Winona State	Glen Ellyn, Ill.
Crystal Otte	Sr.	Winona State	Fremont, Wis.
Rudi Balich	Jr.	Winona State	Chicago, Ill.
Lauren Brown	So.	Winona State	Madison, Wis.
Kerry Daly	So.	Winona State	Woodbury, Minn.
Kelsey Penebaker	So.	Winona State	Millwaukee, Wis.
Carmen Stankowski	So.	Winona State	Mosinee, Wis.
Kelly Thompson	So.	Winona State	Waunakee, Wis.

