

Licensed to Wayne State College      Hy-Tek's Meet Manager 4/15/2008 12:51 PM  
 Wayne State Sunshine Invite - 4/14/2008  
 WSC Memorial Track - Wayne, Nebraska  
 Results

## Event 1 Women Hammer Throw

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NCAA Auto: A 54.00m  
 NCAA Prov: P 49.00m  
 NAIA Auto: N 46.94m

Name	Year School	Finals	Points
1 Lacey Jensen	Wayne State	50.77mP	166-07
2 Katie Wilson	Wayne State	49.46mP	162-03
3 Danielle Dornbusch	U of South D	44.62m	146-05
4 Amy Velthoff	U of South D	43.23m	141-10
5 Allison Gottsch	Briar Cliff	43.10m	141-05
6 Shay Tullberg	Wayne State	42.42m	139-02
7 Casey Buskirk	Wayne State	42.26m	138-08
8 Shara Thompson	U of South D	40.57m	133-01
9 Kayla Pavel	Mount Marty	39.71m	130-03
10 Katybeth Whited	Briar Cliff	39.21m	128-08
11 Kara Den Herder	Northwestern	36.41m	119-05
12 Sarah Earleywine	Northwestern	35.37m	116-00
13 Angela Kayser	Mount Marty	34.53m	113-03
14 Janel Oltmans	Mount Marty	32.80m	107-07
15 Kristin Weeldryer	Sioux Falls	31.22m	102-05
16 Erica Krull	U of South D	28.35m	93-00
-- Rae Taylor	Northwestern	ND	
-- Katie Gylfe	Dakota State	ND	
-- Jasmine Mosley	U of South D	ND	

## Event 3 Women Javelin Throw

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NCAA Auto: A 47.60m  
 NCAA Prov: P 41.00m  
 NAIA Auto: N 40.08m

Name	Year School	Finals	Points
1 Shaneka Parkes	U of South D	37.89m	124-04
2 Shara Thompson	U of South D	33.87m	111-01
3 Kayla Pavel	Mount Marty	30.00m	98-05
4 Katybeth Whited	Briar Cliff	28.62m	93-11
5 Alisa Winquist	Briar Cliff	26.47m	86-10
6 Amber Krogstad	Sioux Falls	21.61m	70-11

## Event 5 Women Long Jump

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NCAA Auto: A 5.90m  
 NCAA Prov: P 5.60m  
 NAIA Auto: N 5.59m

Name	Year School	Finals	Wind	Points
1 Amber Hegge	U of South D	5.72m	2.8	18-09.25
2 Laurel Ochsner	Dordt	5.23m	2.6	17-02.00
3 Andrene Miller	U of South D	5.17m	3.5	16-11.50
4 Tia Hanes	U of South D	5.08m	3.2	16-08.00
5 Brittany Ulmer	Dakota Wesle	4.94m	3.0	16-02.50
6 Tarah Miller	Sioux Falls	4.85m	3.6	15-11.00
7 Natalie Stout	U of South D	4.80m	2.6	15-09.00
8 Abby Sanderson	U of South D	4.68m	2.5	15-04.25
9 Margie Anthony	Dakota State	4.63m	2.6	15-02.25
10 Cisalie Bechen	Dakota Wesle	4.22m	2.8	13-10.25

11 Amber Buys	Dordt	4.15m	2.2	13-07.50
11 Amber De Koekkoek	Dordt	4.15m	3.5	13-07.50
-- Jakie Emanuel	Sioux Falls	ND	NWI	
-- Amber Krogstad	Sioux Falls	ND	NWI	

## Event 8 Women Pole Vault

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NCAA Auto: A 3.91m

NCAA Prov: P 3.60m

NAIA Auto: N 3.50m

Name	Year School	Finals	Points
1 Katie Cerling	U of South D	3.51mN	11-06.25
2 Haley Peterson	U of South D	3.36m	11-00.25
3 Meghan Kahler	U of South D	3.21m	10-06.25
4 Lindsey Bardwell	Mount Marty	2.90m	9-06.25
5 Halee Wilken	Northwestern	J2.90m	9-06.25
6 Janelle Stickler	Dakota State	2.75m	9-00.25
7 Tarah Miller	Sioux Falls	2.60m	8-06.25
-- Valerie Gorter	Unattached	NH	
-- Anna Schutter	Dordt	NH	
-- Tricia Boldt	Dakota State	NH	
-- Jenn Nesson	Sioux Falls	NH	
-- Alyssa Fischer	Sioux Falls	NH	

## Event 9 Women Triple Jump

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NCAA Auto: A 12.25m

NCAA Prov: P 11.60m

NAIA Auto: N 11.40m

Name	Year School	Finals	Wind	Points
1 Betsy Lubbers	U of South D	11.33m	NWI	37-02.25
2 Natalie Stout	U of South D	10.87m	NWI	35-08.00
3 Tia Hanes	U of South D	10.81m	NWI	35-05.75
4 Danae Stuhr	Wayne State	10.77m	NWI	35-04.00
5 Margie Anthony	Dakota State	10.40m	NWI	34-01.50
6 Abby Sanderson	U of South D	10.12m	NWI	33-02.50
7 Lindsey Bardwell	Mount Marty	9.92m	NWI	32-06.50
7 Alicia Letcher	Mount Marty	9.92m	NWI	32-06.50
9 Angela Wiersma	Northwestern	9.91m	NWI	32-06.25
10 Jakie Emanuel	Sioux Falls	9.47m	NWI	31-01.00
11 Theresa Condon	Mount Marty	9.20m	NWI	30-02.25
-- Amber Hegge	U of South D	ND	NWI	

## Event 11 Women High Jump

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NCAA Auto: A 1.75m

NCAA Prov: P 1.68m

NAIA Auto: N 1.68m

Name	Year School	Finals	Points
1 Laura Tewes	Dakota State	1.76mA	5-09.25
2 Kaitlin Beaver	Northwestern	1.62m	5-03.75
3 Misty Rystrom	Wayne State	J1.62m	5-03.75
4 Amber Hegge	U of South D	1.57m	5-01.75
5 Laura Condon	Mount Marty	1.47m	4-09.75
6 Mollie O'Mara	Briar Cliff	J1.47m	4-09.75
-- Hillary Hanno	Northwestern	NH	
-- Amber Krogstad	Sioux Falls	NH	
-- Amber De Koekkoek	Dordt	NH	
-- Karina Bakker	Dordt	NH	
-- Kelly Schilling	Mount Marty	NH	

## Event 13 Women Shot Put

NCAA Auto: A 14.90m

NCAA Prov: P 13.30m

NAIA Auto: N 12.95m

Name	Year School	Finals	Points
1 Laura Wortmann	Mount Marty	14.37mP	47-01.75
2 Katie Wilson	Wayne State	14.30mP	46-11.00
3 Sarah Hummelgard	Briar Cliff	11.79m	38-08.25
4 Amy Katsma	Northwestern	11.77m	38-07.50
5 Maci Cottier	Sioux Falls	11.52m	37-09.50
6 Angela Kayser	Mount Marty	11.41m	37-05.25
7 Tiffany Turner	Sioux Falls	11.28m	37-00.25
8 Shara Thompson	U of South D	10.87m	35-08.00
9 Kara Den Herder	Northwestern	10.58m	34-08.50
10 Brittany Pearson	Dakota State	10.44m	34-03.00
11 Katie Gylfe	Dakota State	10.04m	32-11.25
12 Sarah Earleywine	Northwestern	9.63m	31-07.25
13 Sara Jaeschke	Briar Cliff	9.58m	31-05.25
14 Megan Turner	Sioux Falls	9.57m	31-04.75
15 Alisa Winquist	Briar Cliff	9.23m	30-03.50
16 Janel Oltmans	Mount Marty	9.12m	29-11.25
-- Ashley Crowley	Sioux Falls	ND	
-- Jasmine Mosley	U of South D	ND	

## Event 16 Women Discus Throw

NCAA Auto: A 47.60m

NCAA Prov: P 43.00m

NAIA Auto: N 42.18m

Name	Year School	Finals	Points
1 Laura Wortmann	Mount Marty	44.18mP	144-11
2 Katie Wilson	Wayne State	42.61mN	139-09
3 Shara Thompson	U of South D	38.00m	124-08
4 Kristin Weeldryer	Sioux Falls	37.59m	123-04
5 Amy Velthoff	U of South D	35.44m	116-03
6 Lacey Jensen	Wayne State	35.42m	116-02
7 Brittany Pearson	Dakota State	32.00m	105-00
8 Casey Buskirk	Wayne State	31.91m	104-08
9 Teryn DeHaan	Northwestern	31.73m	104-01
10 Erica Krull	U of South D	31.32m	102-09
11 Kaitlyn Flesner	Dakota Wesle	30.55m	100-03
12 Shay Tullberg	Wayne State	30.20m	99-01
13 Sarah Hummelgard	Briar Cliff	30.17m	99-00
14 Maci Cottier	Sioux Falls	28.36m	93-00
15 Katie Gylfe	Dakota State	26.24m	86-01
16 Sara Jaeschke	Briar Cliff	25.83m	84-09
-- Rae Taylor	Northwestern	ND	
-- Megan Turner	Sioux Falls	ND	
-- Holly Westley	Dakota Wesle	ND	
-- Jasmine Mosley	U of South D	ND	
-- Danielle Dornbusch	U of South D	ND	

## Event 17 Women 4x100 Meter Relay

NCAA Auto: A 46.00

NCAA Prov: P 47.60

NAIA Auto: N 48.84

School	Finals	Points
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1	U of South Dakota	'A'	47.80N
2	Wayne State	'A'	49.06
3	U of South Dakota	'B'	51.08
4	Dordt	'A'	51.13
5	Northwestern	'A'	51.54
6	Dakota State University	'A'	52.22
7	U of South Dakota	'C'	52.53

## Event 19 Women 3000 Meter Steeplechase

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NCAA Auto: A 11:00.00  
 NCAA Prov: P 11:27.00  
 NAIA Auto: N 11:33.00

Name	Year School	Finals	Points
1	Ramsey Kavan	U of South D	11:03.40P
2	Rosemary Bernth	Briar Cliff	12:44.10
3	Jenna McCoy	Wayne State	12:55.30

## Event 21 Women 100 Meter Hurdles

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NCAA Auto: A 14.00  
 NCAA Prov: P 14.60  
 NAIA Auto: N 14.90

Name	Year School	Finals	Wind H#	Points
1	Rachel Roebke	Wayne State	14.20	2.8 2
2	Kylie Herian	Wayne State	14.45	2.8 2
3	Lindsay House	U of South D	15.14	2.8 2
4	Laurel Ochsner	Dordt	15.51	0.2 1
5	Andrene Miller	U of South D	15.56	2.8 2
6	Bobbi Jo Dykstra	Dakota State	15.57	2.8 2
7	Jeanetta Groenendyk	Dordt	15.72	0.2 1
8	Emily De Weerd	Northwestern	15.78	2.8 2
9	Crystal Schiernbeck	U of South D	15.90	2.8 2
10	Haley Juhnke	U of South D	16.12	2.8 2
11	Kim Streyle	Dakota State	16.87	0.2 1
12	Stephanie Schultz	Mount Marty	17.01	0.2 1

## Event 23 Women 1500 Meter Run

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NCAA Auto: A 4:31.00  
 NCAA Prov: P 4:42.00  
 NAIA Auto: N 4:43.85

Name	Year School	Finals	Points
1	Olivia Johnson	Northwestern	4:39.10P
2	Jen Kempers	Dordt	4:47.47
3	Carrie Nix	Sioux Falls	5:03.22
4	Melissa Schmit	Wayne State	5:05.87
5	Melissa McIntosh	Wayne State	5:11.80
6	Jessica Johnson	Sioux Falls	5:14.27
7	Molly Gibson	Wayne State	5:15.09
8	Suzanne Swett	Dakota State	5:16.92
9	Lisa Kremer	Briar Cliff	5:18.66
10	Carla Nieuwsma	Dordt	5:21.70
11	Steph Calleroz	Briar Cliff	5:22.33
12	Clarice Bauer	Dakota State	5:24.27
13	Meghan Costello	Wayne State	5:26.58
14	Samantha Warnke	Dakota State	5:31.98
15	Megan Knudson	Wayne State	5:35.33
16	Amy McIntyre	Dakota Wesle	5:50.72
17	Ali Clevenger	Sioux Falls	5:57.05

18 Samie Maday	Mount Marty	6:32.20
19 Ashley Solem	Mount Marty	6:51.11

## Event 25 Women 400 Meter Dash

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NCAA Auto: A 55.00  
 NCAA Prov: P 56.80  
 NAIA Auto: N 57.50

Name	Year School	Finals	H#	Points
1 Regan Kuipers	Sioux Falls	58.72	3	
2 Rosalie Brueske	U of South D	58.74	3	
3 Christina King	Wayne State	59.19	3	
4 Paige Pollard	Wayne State	59.69	3	
5 Kelsey Randa	Briar Cliff	1:01.42	3	
6 Katie Meyerhoff	Briar Cliff	1:02.31	2	
7 Marissa O'Bryan	U of South D	1:02.70	2	
8 Laura Condon	Mount Marty	1:03.82	3	
9 Joy Horstman	Dordt	1:03.94	2	
10 Morgan Achterhoff	Northwestern	1:04.33	3	
11 April Peterson	Dakota State	1:05.21	2	
12 Leigh Hollenbeck	Dakota State	1:08.28	2	
13 Katherine Clayton	Dakota Wesle	1:09.09	1	
14 Allie Winkle	Dakota State	1:29.57	1	

## Event 27 Women 100 Meter Dash

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NCAA Auto: A 11.65  
 NCAA Prov: P 12.10  
 NAIA Auto: N 12.26

Name	Year School	Finals	Wind	H#	Points
1 Kylie Herian	Wayne State	12.59	3.2	2	
2 Sarah Franje	Dordt	13.11	3.2	2	
3 Christina Beimers	Dordt	13.27	3.2	2	
4 Brandi Gau	Dakota State	13.28	3.2	2	
5 Stephanie Leist	Dakota Wesle	13.33	3.2	2	
6 Amber Buys	Dordt	13.54	2.7	1	
7 Amy Pheneger	Dakota State	13.93	2.7	1	
8 Tracy Feldman	Briar Cliff	13.99	3.2	2	
9 Wendy Schmaltz	Dakota Wesle	14.43	2.7	1	
10 Rose Decker	Dakota Wesle	14.73	2.7	1	
11 Jennifer Bautista	Mount Marty	14.84	2.7	1	
-- Emily Hanson	Dakota State	DNF	2.7	1	
-- Betsy Tucker	Mount Marty	DNF	2.7	1	

## Event 29 Women 800 Meter Run

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NCAA Auto: A 2:10.50  
 NCAA Prov: P 2:15.00  
 NAIA Auto: N 2:16.00

Name	Year School	Finals	H#	Points
1 Laura Jacobson	Northwestern	2:19.47	2	
2 Sierra Zomer	Dordt	2:24.88	2	
3 Michelle Kruthoff	Sioux Falls	2:27.21	2	
4 Janice Brouwer	Dordt	2:27.42	2	
5 Tami Wierenga	Dordt	2:27.96	2	
6 Sam Garay	Briar Cliff	2:33.70	1	
7 Heidi Birkley	Dakota Wesle	2:38.21	1	
8 Kristy Doffin	Wayne State	2:39.00	1	
9 Samie Maday	Mount Marty	3:06.40	1	
-- Katie Pociask	Sioux Falls	DNF	1	

-- Lisa Chase	Dakota State	DNF	1
-- Brittany Fischer	Mount Marty	DNF	1

## Event 31 Women 400 Meter Hurdles

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NCAA Auto: A 1:00.00  
 NCAA Prov: P 1:03.00  
 NAIA Auto: N 1:04.50

Name	Year School	Finals	H#	Points
1 Paige Pollard	Wayne State	1:03.91N	2	
2 Jade Lippman	Wayne State	1:05.37	2	
3 Sara Miller	U of South D	1:06.33	2	
4 Lindsay Reinhardt	Sioux Falls	1:06.35	2	
5 Carly Benson	Mount Marty	1:07.58	2	
6 Jeanetta Groenendyk	Dordt	1:07.98	2	
7 Carrie Egging	U of South D	1:08.38	1	
8 Rachel Roebke	Wayne State	1:09.44	2	
9 Jessica Regan	Northwestern	1:09.66	2	
10 Haley Juhnke	U of South D	1:10.49	1	
11 Ashley Wehle	Briar Cliff	1:10.50	1	
12 Brianna Evink	Dordt	1:11.67	1	
13 Kim Streyle	Dakota State	1:14.72	1	
14 Theresa Condon	Mount Marty	1:15.50	1	
15 Paula Mettler	Dakota Wesle	1:18.78	1	

## Event 33 Women 200 Meter Dash

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NCAA Auto: A 23.95  
 NCAA Prov: P 24.80  
 NAIA Auto: N 25.20

Name	Year School	Finals	Wind	H#	Points
1 Jenessa Filler	U of South D	25.55	NWI	3	
2 Kylie Herian	Wayne State	26.31	NWI	3	
3 Regan Kuipers	Sioux Falls	26.38	NWI	3	
4 Christina King	Wayne State	27.01	NWI	3	
5 Emily De Weerd	Northwestern	27.12	NWI	3	
6 Crystal Schiernbeck	U of South D	27.37	NWI	3	
7 Lauren Krell	U of South D	27.46	NWI	2	
8 Christina Beimers	Dordt	27.66	NWI	2	
9 Andrea Wedel	Northwestern	27.89	NWI	2	
10 Sarah Franje	Dordt	28.40	NWI	2	
11 Tracy Feldman	Briar Cliff	28.67	NWI	2	
12 Stephanie Leist	Dakota Wesle	28.82	NWI	2	
13 Emily Hanson	Dakota State	29.23	NWI	1	
14 Emily Boote	Northwestern	29.78	NWI	2	
15 Wendy Schmaltz	Dakota Wesle	30.40	NWI	1	
16 Amy Pheneger	Dakota State	30.73	NWI	1	
17 Jennifer Bautista	Mount Marty	31.52	NWI	1	
18 Rose Decker	Dakota Wesle	31.97	NWI	1	

## Event 35 Women 3000 Meter Run

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NCAA Auto: A 9:40.00  
 NCAA Prov: P 10:15.00

Name	Year School	Finals	Points
1 Sarah Thomsen	Wayne State	10:56.40	
2 Meghan Jacob	Wayne State	11:28.88	
3 Jessica Lundgren	U of South D	11:35.60	
4 Tianna Hurtado	U of South D	12:04.25	
5 Samantha Warnke	Dakota State	12:09.10	

6 Abby Mettler  
 -- Heather Kuhlman

Dakota Wesle  
 U of South D

13:15.79  
 DNF

Event 37 Women 4x400 Meter Relay

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NCAA Auto: A 3:42.00  
 NCAA Prov: P 3:52.00  
 NAIA Auto: N 3:58.25

School	Finals	Points
=====		
1 Dordt 'A'	4:11.67	
2 Dakota State University 'A'	4:16.54	
3 Wayne State 'B'	4:26.12	
4 Mount Marty College 'A'	4:26.23	
5 Dakota Wesleyan 'A'	4:41.39	
-- Sioux Falls 'A'	DNF	

Event 39 Women 5000 Meter Run

Name	Year School	Finals	Points
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1 Jen Kempers	Dordt	18:24.07	
2 Monica Gattrell	Briar Cliff	19:27.75	
3 Suzanne Swett	Dakota State	20:00.85	
4 Megan O'Grady	Mount Marty	20:10.63	
5 Clarice Bauer	Dakota State	20:27.63	
6 Laura Broekhuis	Dordt	20:42.60	
7 Brittany Fischer	Mount Marty	20:50.04	
8 Jill Becker	Briar Cliff	21:16.30	
9 Amy Gubbels	Mount Marty	24:31.41	