

Licensed to Sioux City CSD Championship Meet

Hy-Tek's Meet Manager 5/10/2008 05:38 PM

2008 NSIC Outdoor Championship

Results

Event 1 Women 100 Meter Dash

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NSIC Record: N 11.51		1983	Jeri Domes, Mankato State		
NCAA Auto: A 11.65					
NCAA Prov: P 12.10					
Name	Year	School	Prelims	Wind	H#
=====					
Preliminaries					
1	Kacie Sweep	UNIVERSITY O	12.11Q	1.0	2
2	Mishay Weber	UNIVERSITY O	12.28Q	1.1	1
3	Kristen Stewart	UNIVERSITY O	12.36q	1.0	2
4	Jennifer Hensel	MINNESOTA ST	12.53q	1.0	2
5	Lindsey Derby	WINONA STATE	12.54q	1.1	1
6	Kylie Herian	WAYNE STATE	12.55q	1.1	1
7	Jessica Devine	WINONA STATE	12.61q	1.1	1
8	Christina King	WAYNE STATE	12.73q	1.0	2
9	Kayla Weisbeck	UNIVERSITY O	12.76	1.1	1
10	Marisa Aldinger	NORTHERN STA	12.77	1.0	2
11	Nikki Olson	WINONA STATE	12.89	1.1	1
12	Nicole Rawlings	BEMIDJI STAT	13.04	1.0	2
13	Sarah Dalton	BEMIDJI STAT	13.24	1.0	2

Event 1 Women 100 Meter Dash

=====					
NSIC Record: N 11.51		1983	Jeri Domes, Mankato State		
NCAA Auto: A 11.65					
NCAA Prov: P 12.10					
Name	Year	School	Finals	Wind	Points
=====					
Finals					
1	Kacie Sweep	UNIVERSITY O	12.11	+0.0	10
2	Mishay Weber	UNIVERSITY O	12.23	+0.0	8
3	Lindsey Derby	WINONA STATE	12.48	+0.0	6
4	Jennifer Hensel	MINNESOTA ST	12.51	+0.0	4
5	Jessica Devine	WINONA STATE	12.55	+0.0	2
6	Kristen Stewart	UNIVERSITY O	12.70	+0.0	1
7	Kylie Herian	WAYNE STATE	12.96	+0.0	
--	Christina King	WAYNE STATE	DNF	+0.0	

Event 3 Women 100 Meter Hurdles

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NSIC Record: N 14.28		2007	Rachel Roebke, Wayne State		
NCAA Auto: A 14.00					
NCAA Prov: P 14.60					
Name	Year	School	Prelims	Wind	H#
=====					
Preliminaries					
1	Rachel Roebke	WAYNE STATE	P 14.37Q	+0.0	2
2	Kylie Herian	WAYNE STATE	14.76Q	1.0	1
3	Brianna Perry	UNIVERSITY O	15.18q	+0.0	2
4	Jade Lippman	WAYNE STATE	15.47q	1.0	1
5	Rebecca Hougen	BEMIDJI STAT	15.67q	1.0	1
6	Emily Asuncion	WINONA STATE	15.79q	1.0	1
7	Kaitlyn Jensen	WINONA STATE	15.89q	1.0	1
8	Sarah Dalton	BEMIDJI STAT	16.00q	+0.0	2
9	Andrea Sjomeling	NORTHERN STA	16.06	+0.0	2
10	Alison Streyle	MINNESOTA ST	16.53	+0.0	2
11	Tanya Vassar	NORTHERN STA	16.90	+0.0	2

12 Pearl Walker	BEMIDJI STAT	16.97	+0.0	2
13 Alyssa Lammers	WINONA STATE	17.49	1.0	1

Event 3 Women 100 Meter Hurdles

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 NSIC Record: N 14.28 2007 Rachel Roebke, Wayne State
 NCAA Auto: A 14.00
 NCAA Prov: P 14.60

Name	Year School	Finals	Wind	Points
=====				
Finals				
1 Rachel Roebke	WAYNE STATE	14.26N	1.0	10
2 Kylie Herian	WAYNE STATE	14.32P	1.0	8
3 Brianna Perry	UNIVERSITY O	15.21	1.0	6
4 Emily Asuncion	WINONA STATE	15.30	1.0	4
5 Kaitlyn Jensen	WINONA STATE	15.74	1.0	2
6 Jade Lippman	WAYNE STATE	15.79	1.0	1
7 Rebecca Hougen	BEMIDJI STAT	15.84	1.0	
8 Sarah Dalton	BEMIDJI STAT	16.05	1.0	

Event 5 Women 200 Meter Dash

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 NSIC Record: N 23.98 1983 Jeri Domes, Mankato State
 NCAA Auto: A 23.95
 NCAA Prov: P 24.80

Name	Year School	Prelims	Wind	H#
=====				
Preliminaries				
1 Kacie Sweep	UNIVERSITY O	24.82Q	+0.0	2
2 Mishay Weber	UNIVERSITY O	25.43Q	+0.0	1
3 Kristen Stewart	UNIVERSITY O	25.47q	+0.0	2
4 Jennifer Hensel	MINNESOTA ST	25.58q	+0.0	2
5 Nicole Johnson	WINONA STATE	25.74q	+0.0	2
6 Kristi Buerkle	BEMIDJI STAT	25.84q	+0.0	1
7 Katie Johnson	CONCORDIA SA	26.00q	+0.0	1
8 Nikki Olson	WINONA STATE	26.03q	+0.0	1
9 Kylie Herian	WAYNE STATE	26.11	+0.0	2
10 Kelly Milkent	WINONA STATE	26.20	+0.0	1
11 Natalie Wipf	NORTHERN STA	26.26	+0.0	2
12 M'Kelle Tomberlin	BEMIDJI STAT	26.29	+0.0	1
13 Christina King	WAYNE STATE	26.35	+0.0	1
14 Kayla Weisbeck	UNIVERSITY O	26.70	+0.0	2
15 Samantha Lisowski	WINONA STATE	26.96	+0.0	1

Event 5 Women 200 Meter Dash

=====
 NSIC Record: N 23.98 1983 Jeri Domes, Mankato State
 NCAA Auto: A 23.95
 NCAA Prov: P 24.80

Name	Year School	Finals	Wind	Points
=====				
Finals				
1 Kacie Sweep	UNIVERSITY O	24.72P	0.3	10
2 Kristi Buerkle	BEMIDJI STAT	25.10	0.3	8
3 Mishay Weber	UNIVERSITY O	25.12	0.3	6
4 Nicole Johnson	WINONA STATE	25.61	0.3	4
5 Jennifer Hensel	MINNESOTA ST	25.83	0.3	2
6 Nikki Olson	WINONA STATE	26.11	0.3	1
7 Katie Johnson	CONCORDIA SA	26.50	0.3	

Event 7 Women 400 Meter Dash

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 NSIC Record: N 55.43 2004 Andrea Vake, Minnesota-Duluth

NCAA Auto: A 55.00

NCAA Prov: P 56.80

Name	Year School	Finals	H#	Points
1 Kristi Buerkle	BEMIDJI STAT	56.43P	2	10
2 Cassie Blazer	UNIVERSITY O	56.54P	2	8
3 Jennifer Bradford	WINONA STATE	57.21	2	6
4 Nicole Johnson	WINONA STATE	58.51	2	4
5 Paige Paulson	NORTHERN STA	58.67	1	2
6 Betsy Bischoff	UNIVERSITY O	58.71	2	1
7 Christina King	WAYNE STATE	58.85	2	
8 Katie Johnson	CONCORDIA SA	59.02	2	
9 M'Kelle Tomberlin	BEMIDJI STAT	59.26	1	
10 Beth Braun	WINONA STATE	59.83	1	
11 Kristina Anderson	MINNESOTA ST	1:00.05	2	
12 Kirby Black	MINNESOTA ST	1:00.79	1	
13 Brittany Semrau	WINONA STATE	1:02.23	1	
14 Katy Hilton	NORTHERN STA	1:03.31	1	

Event 9 Women 400 Meter Hurdles

NSIC Record: N 1:00.96 2007 Cassie Blazer, Univ. Mary

NCAA Auto: A 1:00.00

NCAA Prov: P 1:03.00

Name	Year School	Finals	H#	Points
1 Sara Julsrud	MINNESOTA ST	1:01.43P	2	10
2 Paige Pollard	WAYNE STATE	1:01.95P	2	8
3 Lisa Meyer	WINONA STATE	1:01.96P	2	6
4 Cassie Blazer	UNIVERSITY O	1:02.76P	2	4
5 Alison Streyle	MINNESOTA ST	1:02.98P	2	2
6 Josie Reiner	UNIVERSITY O	1:05.04	1	1
7 Andrea Sjomeling	NORTHERN STA	1:05.11	1	
8 Jade Lippman	WAYNE STATE	1:05.74	2	
9 Jessica Irvin	WINONA STATE	1:24.18	1	

Event 11 Women 800 Meter Run

NSIC Record: N 2:12.11 1982 Pam Harty, MSU-Moorhead

NCAA Auto: A 2:10.50

NCAA Prov: P 2:15.00

Name	Year School	Finals	H#	Points
1 Ashley Roemer	MINNESOTA ST	2:15.36	2	10
2 Hannah Moen	UNIVERSITY O	2:20.53	2	8
3 Jenny Baus	NORTHERN STA	2:22.17	2	6
4 Molly Gibson	WAYNE STATE	2:23.10	2	4
5 Kaitlin Hartnett	CONCORDIA SA	2:23.26	2	2
6 Megan Fulton	CONCORDIA SA	2:23.86	2	1
7 Michelle Schreiner	WINONA STATE	2:24.24	1	
8 Alyssa Brandt	WINONA STATE	2:24.41	2	
9 Kelsey Stensland	WINONA STATE	2:24.57	1	
10 Toni Fritz	NORTHERN STA	2:25.37	1	
11 Danielle Nickolas	NORTHERN STA	2:26.02	1	
12 Genna Ironi	BEMIDJI STAT	2:29.39	2	
13 Whitney Fridley	UNIVERSITY O	2:32.26	1	
14 Kristy Doffin	WAYNE STATE	2:35.76	1	
15 Roxy Kashani	CONCORDIA SA	2:45.77	1	

Event 13 Women 1500 Meter Run

NSIC Record: N 4:35.95 1987 Lynn Stottler, Minnesota-Duluth

NCAA Auto: A 4:31.00

NCAA Prov: P 4:42.00

Name	Year School	Finals	Points
1 Anna VanWechel	MINNESOTA ST	4:42.73	10
2 Jenny Baus	NORTHERN STA	4:46.58	8
3 Hannah Moen	UNIVERSITY O	4:48.31	6
4 Melissa Schmit	WAYNE STATE	4:53.72	4
5 Rayna Berndt	MINNESOTA ST	4:54.71	2
6 Jenna Southworth	WINONA STATE	4:55.69	1
7 Allie Glasbrenner	WINONA STATE	5:01.19	
8 Bethany Easker	WINONA STATE	5:05.10	
9 Meghan Costello	WAYNE STATE	5:08.71	
10 Melissa McIntosh	WAYNE STATE	5:10.84	
11 Michelle Jeske	WINONA STATE	5:18.32	
12 Megan Knudson	WAYNE STATE	5:28.91	
13 Jenna McCoy	WAYNE STATE	5:31.95	
14 Brittany Becker	BEMIDJI STAT	5:41.18	

Event 16 Women 3000 Meter Steeplechase

NSIC Record: N 10:59.90 2001 Tammy Stang, Minnesota-Duluth

NCAA Auto: A 11:00.00

NCAA Prov: P 11:27.00

Name	Year School	Finals	Points
1 Sarah Thomsen	WAYNE STATE	11:45.58	10
2 Jenna Southworth	WINONA STATE	11:48.37	8
3 Ivy Roe	UNIVERSITY O	11:50.90	6
4 Sarah Rebenitsch	MINNESOTA ST	12:06.37	4
5 Danielle Thompson	MINNESOTA ST	12:14.41	2
6 Allie Glasbrenner	WINONA STATE	12:19.09	1
7 Sandra James	CONCORDIA SA	12:30.86	
8 Jenna McCoy	WAYNE STATE	12:46.41	
9 Kelly Rieber	WINONA STATE	13:03.06	
10 Brittany Becker	BEMIDJI STAT	14:08.59	

Event 18 Women 5000 Meter Run

NSIC Record: N 16:59.66 1982 Lynn Nelson, Mankato State

NCAA Auto: A 17:11.00

NCAA Prov: P 17:45.00

Name	Year School	Finals	Points
1 Anna VanWechel	MINNESOTA ST	18:35.88	10
2 Alyson Piccolo	UNIVERSITY O	18:49.80	8
3 Kristen Neumiller	UNIVERSITY O	18:52.54	6
4 Melissa Schmit	WAYNE STATE	19:10.13	4
5 Kari Bloch	MINNESOTA ST	19:15.60	2
6 Rayna Berndt	MINNESOTA ST	19:23.41	1
7 Bethany Easker	WINONA STATE	19:25.64	
8 Sarah Thomsen	WAYNE STATE	19:40.26	
9 Karolyn Kohl	UNIVERSITY O	19:43.02	
10 Sarah Rebenitsch	MINNESOTA ST	19:46.17	
11 Melissa McIntosh	WAYNE STATE	19:54.28	
12 Meghan Jacob	WAYNE STATE	19:58.70	
13 Danielle Thompson	MINNESOTA ST	20:17.97	
14 Valerie Moore	NORTHERN STA	20:20.51	
15 Ivy Roe	UNIVERSITY O	20:23.81	
16 Kari Linneman	NORTHERN STA	20:27.15	
17 Michelle Hanson	MINNESOTA ST	20:31.69	
18 Steph Smith	WINONA STATE	20:40.35	
19 Emily Stanzyk	CONCORDIA SA	20:44.57	
20 Madie Heinrich	WINONA STATE	21:02.80	

Event 20 Women 10000 Meter Run

NSIC Record: N 37:24.57 1983 Kathy Kaiser, Mankato State
 NCAA Auto: A 35:50.00
 NCAA Prov: P 37:30.00

Name	Year School	Finals	Points
1 Alyson Piccolo	UNIVERSITY O	39:09.26	10
2 Kristen Neumiller	UNIVERSITY O	39:09.65	8
3 Kari Bloch	MINNESOTA ST	40:41.77	6
4 Madie Heinrich	WINONA STATE	41:11.51	4
5 Karolyn Kohl	UNIVERSITY O	41:24.75	2
6 Meghan Jacob	WAYNE STATE	41:46.01	1
7 Michelle Hanson	MINNESOTA ST	41:58.17	
8 Kari Linneman	NORTHERN STA	42:01.90	
9 Steph Smith	WINONA STATE	42:20.71	
10 Kristen Frohlich	UNIVERSITY O	45:41.49	
11 Sandra James	CONCORDIA SA	47:51.52	

Event 22 Women Shot Put

NSIC Record: N 49-02.25 2007 Sheena Devine, Bemidji State
 NCAA Auto: A 14.90m
 NCAA Prov: P 13.30m

Name	Year School	Finals	Points
1 Sheena Devine	BEMIDJI STAT	14.64mP 48-00.50	10
2 Katie Wilson	WAYNE STATE	14.34mP 47-00.75	8
3 Rebecca Stier	WINONA STATE	12.87m 42-02.75	6
4 Chelsey Brown	WINONA STATE	12.33m 40-05.50	4
5 Melissa Ramirez	UNIVERSITY O	12.29m 40-04.00	2
6 Amanda Madden	NORTHERN STA	12.14m 39-10.00	1
7 Casey Buskirk	WAYNE STATE	11.44m 37-06.50	
8 Michelle Potter	WINONA STATE	10.97m 36-00.00	
9 Abby Nielsen	CONCORDIA SA	10.88m 35-08.50	
10 Angelina Hutter	CONCORDIA SA	10.83m 35-06.50	
11 Kaysee Nesmo	CONCORDIA SA	10.81m 35-05.75	
12 Michelle Jetvig	MINNESOTA ST	10.61m 34-09.75	

Event 24 Women Discus Throw

NSIC Record: N 152-06 2000 Nichole Hall, Northern State
 NCAA Auto: A 47.60m
 NCAA Prov: P 43.00m

Name	Year School	Finals	Points
1 Katie Wilson	WAYNE STATE	44.21mP 145-00	10
2 Allison Swenson	MINNESOTA ST	42.36m 139-00	8
3 Rebecca Stier	WINONA STATE	40.21m 131-11	6
4 Michelle Potter	WINONA STATE	37.93m 124-05	4
5 Katie Smith	NORTHERN STA	37.59m 123-04	2
6 Jasmine Henrich	MINNESOTA ST	37.58m 123-03	1
7 Amanda Madden	NORTHERN STA	37.49m 123-00	
8 Ashley Tanner	NORTHERN STA	35.35m 116-00	
9 Melissa Ramirez	UNIVERSITY O	35.27m 115-08	
10 Shay Tullberg	WAYNE STATE	34.41m 112-11	
11 Jenna Bickel	WINONA STATE	32.38m 106-03	
12 Kaysee Nesmo	CONCORDIA SA	30.49m 100-00	
13 Michelle Jetvig	MINNESOTA ST	28.69m 94-01	

Event 26 Women Hammer Throw

NSIC Record: N 183-02 2003

Belinda Eastlack, MSU-Moorhead

NCAA Auto: A 54.00m

NCAA Prov: P 49.00m

Name	Year School	Finals	Points
1 Katie Wilson	WAYNE STATE	52.61mP 172-07	10
2 Amanda Madden	NORTHERN STA	49.18mP 161-04	8
3 Lacey Jensen	WAYNE STATE	48.95m 160-07	6
4 Michelle Potter	WINONA STATE	46.70m 153-02	4
5 Chelsey Brown	WINONA STATE	44.87m 147-02	2
6 Katie Smith	NORTHERN STA	44.73m 146-09	1
7 Shay Tullberg	WAYNE STATE	44.09m 144-08	
8 Missy Kelsy	BEMIDJI STAT	43.68m 143-04	
9 Casey Buskirk	WAYNE STATE	42.31m 138-10	
10 Michelle Jetvig	MINNESOTA ST	39.71m 130-03	
11 Michelle Schultze	WINONA STATE	38.08m 124-11	
12 Jasmine Henrich	MINNESOTA ST	36.65m 120-03	
13 Kaysee Nesmoe	CONCORDIA SA	35.33m 115-11	
14 Meri Pearson	CONCORDIA SA	29.71m 97-06	

Event 28 Women Javelin Throw

NSIC Record: N 153-04 1982

Kelly Owen, MSU-Moorhead

NCAA Auto: A 47.60m

NCAA Prov: P 41.00m

Name	Year School	Finals	Points
1 Holly Hassler	UNIVERSITY O	39.25m 128-09	10
2 Chelsey Geisler	BEMIDJI STAT	37.80m 124-00	8
3 Lauren Brown	WINONA STATE	36.44m 119-07	6
4 Christy Gabrielson	UNIVERSITY O	36.30m 119-01	4
5 Sonny Schulz	UNIVERSITY O	36.29m 119-01	2
6 Missy Kelsy	BEMIDJI STAT	35.71m 117-02	1
7 Jenni Bauer	BEMIDJI STAT	35.63m 116-11	
8 Krystle Lonning	WINONA STATE	28.49m 93-06	
9 Laura Smith	NORTHERN STA	26.69m 87-07	

Event 30 Women High Jump

NSIC Record: N 5-08.25 1991

Jodi Swenson, Minnesota-Duluth

NCAA Auto: A 1.75m

NCAA Prov: P 1.68m

Name	Year School	Finals	Points
1 Ashley Roemer	MINNESOTA ST	1.68mP 5-06.00	10
2 Ashley Grammens	UNIVERSITY O	1.58m 5-02.25	8
3 Brianna Perry	UNIVERSITY O	J1.58m 5-02.25	6
4 Ashley Hagen	MINNESOTA ST	J1.58m 5-02.25	4
5 Misty Rystrom	WAYNE STATE	J1.58m 5-02.25	2
6 Kale Johnson	WINONA STATE	1.53m 5-00.25	1
7 Alyssa Lammers	WINONA STATE	J1.53m 5-00.25	
7 Lindsey Ecklund	MINNESOTA ST	J1.53m 5-00.25	
9 Ashley Rietz	MINNESOTA ST	1.48m 4-10.25	
9 Jamie Gunderson	NORTHERN STA	1.48m 4-10.25	
9 Tanya Vassar	NORTHERN STA	1.48m 4-10.25	
9 Laura Smith	NORTHERN STA	1.48m 4-10.25	
13 Hayley Reed	CONCORDIA SA	1.43m 4-08.25	
-- Jade Lippman	WAYNE STATE	NH	

Event 32 Women Long Jump

NSIC Record: N 20-08.50 1985

Julie Hay, Minnesota-Duluth

NCAA Auto: A 5.90m

NCAA Prov: P 5.60m

Name	Year	School	Finals	Wind	Points	
1 Katie Johnson		CONCORDIA SA	5.50m	0.8	18-00.50	10
2 Brianna Perry		UNIVERSITY O	5.48m	1.3	17-11.75	8
3 M'Kelle Tomberlin		BEMIDJI STAT	5.45m	1.5	17-10.75	6
4 Destinee Keller		UNIVERSITY O	5.37m	0.9	17-07.50	4
5 Ashley Roemer		MINNESOTA ST	5.25m	0.5	17-02.75	2
6 Marisa Aldinger		NORTHERN STA	5.20m	0.8	17-00.75	1
7 Kirby Black		MINNESOTA ST	5.11m	+0.0	16-09.25	
8 Alyssa Lammers		WINONA STATE	4.98m	0.6	16-04.25	
9 Ashley Grammens		UNIVERSITY O	4.76m	0.7	15-07.50	

Event 34 Women Triple Jump

NSIC Record: N 39-00.50 2005 Jessica Trautwein, MSU-Moorhead

NCAA Auto: A 12.25m

NCAA Prov: P 11.60m

Name	Year	School	Finals	Wind	Points	
1 Destinee Keller		UNIVERSITY O	11.70mP	NWI	38-04.75	10
2 Brianna Perry		UNIVERSITY O	11.51m	NWI	37-09.25	8
3 Ashley Grammens		UNIVERSITY O	11.31m	NWI	37-01.25	6
4 Katie Johnson		CONCORDIA SA	11.28m	NWI	37-00.25	4
5 Kirby Black		MINNESOTA ST	10.96m	NWI	35-11.50	2
6 Emily Asuncion		WINONA STATE	10.60m	NWI	34-09.50	1
7 Danae Stuhr		WAYNE STATE	10.51m	NWI	34-05.75	
8 Kale Johnson		WINONA STATE	10.33m	NWI	33-10.75	
9 Heather Bonn		NORTHERN STA	10.27m	NWI	33-08.50	
10 Rebecca Hougen		BEMIDJI STAT	10.10m	NWI	33-01.75	

Event 36 Women Pole Vault

NSIC Record: N 12-09.50 2007 Jennifer Hensel, MSU-Moorhead

NCAA Auto: A 3.91m

NCAA Prov: P 3.60m

Name	Year	School	Finals	Points	
1 Jennifer Hensel		MINNESOTA ST	3.91mA	12-10.00	10
2 Kaylyn Ronke		MINNESOTA ST	3.31m	10-10.25	7
2 Jayme Anderson		CONCORDIA SA	3.31m	10-10.25	7
4 Hayley Reed		CONCORDIA SA	3.16m	10-04.25	4
5 Nicole Ackerman		UNIVERSITY O	3.01m	9-10.50	1.5
5 Angela Winsor		BEMIDJI STAT	3.01m	9-10.50	1.5
7 Chyna Bailey		UNIVERSITY O	2.86m	9-04.50	
-- Steph Precourt		WINONA STATE	NH		
-- Katie MacRae		MINNESOTA ST	NH		

Event 38 Women Heptathlon

NSIC Record: N 4666 1982 Char Nelson, Southwest State

NCAA Auto: A 4880

NCAA Prov: P 4440

Name	Year	School	Finals	Points
1 Ashley Roemer		MINNESOTA ST	4755N	10
2 Brianna Perry		UNIVERSITY O	4274	8
3 Jade Lippman		WAYNE STATE	4250	6
4 Kaitlyn Jensen		WINONA STATE	4113	4
5 Ashley Grammens		UNIVERSITY O	3968	2
6 Tanya Vassar		NORTHERN STA	3843	1
7 Rebecca Hougen		BEMIDJI STAT	3704	
8 Laura Smith		NORTHERN STA	3682	

9 Alyssa Lammers	WINONA STATE	3025
10 Pearl Walker	BEMIDJI STAT	2840

Event 38 Heptathlon: #1 Women 100 Meter Hurdles Heptathlon

Name	Year School	Finals	Wind H#	Points
1 Brianna Perry	UNIVERSITY O	15.47	NWI 2	781
2 Ashley Roemer	MINNESOTA ST	15.89	NWI 2	728
3 Rebecca Hougen	BEMIDJI STAT	15.95	NWI 2	720
4 Kaitlyn Jensen	WINONA STATE	16.10	NWI 2	702
5 Jade Lippman	WAYNE STATE	16.25	NWI 2	684
6 Tanya Vassar	NORTHERN STA	16.92	NWI 2	606
7 Laura Smith	NORTHERN STA	17.24	NWI 1	570
8 Ashley Grammens	UNIVERSITY O	17.69	NWI 1	521
9 Pearl Walker	BEMIDJI STAT	17.86	NWI 1	503
10 Alyssa Lammers	WINONA STATE	18.51	NWI 2	437

Event 38 Heptathlon: #2 Women High Jump Heptathlon

Name	Year School	Finals	Points
1 Ashley Roemer	MINNESOTA ST	1.74m	5-08.50 903
2 Ashley Grammens	UNIVERSITY O	1.59m	5-02.50 724
3 Jade Lippman	WAYNE STATE	1.56m	5-01.25 689
3 Brianna Perry	UNIVERSITY O	1.56m	5-01.25 689
5 Tanya Vassar	NORTHERN STA	1.53m	5-00.25 655
6 Laura Smith	NORTHERN STA	1.50m	4-11.00 621
6 Alyssa Lammers	WINONA STATE	1.50m	4-11.00 621
6 Kaitlyn Jensen	WINONA STATE	1.50m	4-11.00 621
9 Rebecca Hougen	BEMIDJI STAT	1.41m	4-07.50 523
10 Pearl Walker	BEMIDJI STAT	1.29m	4-02.75 399

Event 38 Heptathlon: #3 Women Shot Put Heptathlon

Name	Year School	Finals	Points
1 Ashley Roemer	MINNESOTA ST	9.54m	31-03.75 499
2 Ashley Grammens	UNIVERSITY O	9.52m	31-03.00 498
3 Jade Lippman	WAYNE STATE	9.36m	30-08.50 488
4 Brianna Perry	UNIVERSITY O	9.35m	30-08.25 487
5 Laura Smith	NORTHERN STA	8.97m	29-05.25 462
6 Tanya Vassar	NORTHERN STA	8.92m	29-03.25 459
7 Kaitlyn Jensen	WINONA STATE	8.83m	28-11.75 453
8 Rebecca Hougen	BEMIDJI STAT	8.33m	27-04.00 421
9 Pearl Walker	BEMIDJI STAT	7.67m	25-02.00 378
10 Alyssa Lammers	WINONA STATE	6.66m	21-10.25 313

Event 38 Heptathlon: #4 Women 200 Meter Dash Heptathlon

Name	Year School	Finals	Wind H#	Points
1 Ashley Roemer	MINNESOTA ST	26.68	NWI 1	739
2 Jade Lippman	WAYNE STATE	27.20	NWI 2	695
3 Brianna Perry	UNIVERSITY O	27.43	NWI 1	676
4 Kaitlyn Jensen	WINONA STATE	27.72	NWI 2	653
5 Ashley Grammens	UNIVERSITY O	27.95	NWI 2	635
6 Rebecca Hougen	BEMIDJI STAT	28.04	NWI 2	628
7 Alyssa Lammers	WINONA STATE	28.59	NWI 2	585
8 Laura Smith	NORTHERN STA	28.83	NWI 2	567
9 Pearl Walker	BEMIDJI STAT	28.97	NWI 2	556
10 Tanya Vassar	NORTHERN STA	29.23	NWI 1	537

Event 38 Heptathlon: #5 Women Long Jump Heptathlon

Name	Year School	Finals	Wind	Points
1 Ashley Roemer	MINNESOTA ST	5.23m	NWI 17-02.00	623
2 Brianna Perry	UNIVERSITY O	5.17m	NWI 16-11.50	606
3 Kaitlyn Jensen	WINONA STATE	4.97m	NWI 16-03.75	551
4 Ashley Grammens	UNIVERSITY O	4.87m	NWI 15-11.75	524
5 Alyssa Lammers	WINONA STATE	4.84m	NWI 15-10.50	516
6 Tanya Vassar	NORTHERN STA	4.76m	NWI 15-07.50	495
7 Jade Lippman	WAYNE STATE	4.72m	NWI 15-06.00	485
8 Laura Smith	NORTHERN STA	4.58m	NWI 15-00.50	448
9 Rebecca Hougen	BEMIDJI STAT	4.56m	NWI 14-11.50	443
10 Pearl Walker	BEMIDJI STAT	4.22m	NWI 13-10.25	359

Event 38 Heptathlon: #6 Women Javelin Throw Heptathlon

Name	Year School	Finals	Points
1 Kaitlyn Jensen	WINONA STATE	32.64m	107-01 527
2 Laura Smith	NORTHERN STA	31.67m	103-11 508
3 Jade Lippman	WAYNE STATE	30.97m	101-07 495
4 Tanya Vassar	NORTHERN STA	29.61m	97-02 469
5 Ashley Roemer	MINNESOTA ST	27.74m	91-00 434
6 Ashley Grammens	UNIVERSITY O	26.46m	86-10 410
7 Brianna Perry	UNIVERSITY O	23.00m	75-05 345
8 Pearl Walker	BEMIDJI STAT	22.29m	73-01 332
9 Rebecca Hougen	BEMIDJI STAT	20.73m	68-00 302
10 Alyssa Lammers	WINONA STATE	13.81m	45-04 175

Event 38 Heptathlon: #7 Women 800 Meter Run Heptathlon

Name	Year School	Finals	Points
1 Ashley Roemer	MINNESOTA ST	2:19.60	829
2 Jade Lippman	WAYNE STATE	2:28.33	714
3 Brianna Perry	UNIVERSITY O	2:30.25	690
4 Rebecca Hougen	BEMIDJI STAT	2:32.07	667
5 Ashley Grammens	UNIVERSITY O	2:33.00	656
6 Tanya Vassar	NORTHERN STA	2:35.78	622
7 Kaitlyn Jensen	WINONA STATE	2:37.17	606
8 Laura Smith	NORTHERN STA	2:45.98	506
9 Alyssa Lammers	WINONA STATE	2:58.64	378
10 Pearl Walker	BEMIDJI STAT	3:05.85	313

Event 40 Women 4x100 Meter Relay

School	Finals	Points
NSIC Record: N 47.48 2007 Univ. Mary		
NCAA Auto: A 46.00		
NCAA Prov: P 47.60		
1 UNIVERSITY OF MARY 'A'	47.72	10
1) Cassie Blazer		
2) Kacie Sweep		
3) Mishay Weber		
4) Kristen Stewart		
2 WINONA STATE UNIVERSITY 'A'	48.27	8
1) Samantha Lisowski		
2) Lindsey Derby		
3) Nikki Olson		
4) Jessica Devine		
3 MINNESOTA STATE UNIVERSITY MOO 'A'	48.61	6
1) Alison Streyle		
2) Kristina Anderson		
3) Sara Julsrud		
4) Jennifer Hensel		
4 WAYNE STATE COLLEGE 'A'	48.88	4
1) Jade Lippman		
2) Kylie Herian		

3) Christina King	4) Rachel Roebke	49.94	2
5 BEMIDJI STATE UNIVERSITY 'A'			
1) Sarah Dalton	2) M'Kelle Tomberlin		
3) Rebecca Hougen	4) Kristi Buerkle		
6 NORTHERN STATE UNIVERSITY 'A'		50.24	1
1) Andrea Sjomeling	2) Marisa Aldinger		
3) Tanya Vassar	4) Natalie Wipf		

Event 42 Women 4x400 Meter Relay

NSIC Record: N 3:50.18 2007		Univ. Mary	
NCAA Auto: A 3:42.00			
NCAA Prov: P 3:52.00			
School		Finals	Points
1 MINNESOTA STATE UNIVERSITY MOO 'A'		3:59.88	10
1) Sara Julsrud	2) Alison Streyle		
3) Ashley Roemer	4) Kristina Anderson		
2 UNIVERSITY OF MARY 'A'		4:05.59	8
1) Betsy Bischoff	2) Mishay Weber		
3) Michelle Huxtable	4) Cassie Blazer		
3 WINONA STATE UNIVERSITY 'A'		4:07.78	6
1) Kelly Milkent	2) Nicole Johnson		
3) Lisa Meyer	4) Jennifer Bradford		
4 WAYNE STATE COLLEGE 'A'		4:14.90	4
1) Rachel Roebke	2) Jade Lippman		
3) Christina King	4) Paige Pollard		
5 NORTHERN STATE UNIVERSITY 'A'		4:14.96	2
1) Andrea Sjomeling	2) Katy Hilton		
3) Jenny Baus	4) Paige Paulson		
6 BEMIDJI STATE UNIVERSITY 'A'		4:20.84	1
1) M'Kelle Tomberlin	2) Pearl Walker		
3) Rebecca Hougen	4) Kristi Buerkle		
7 CONCORDIA SAINT-PAUL 'A'		4:51.03	
1) Kaitlin Hartnett	2) Megan Fulton		
3) Hayley Reed	4) Kaysee Nesmoe		

Event 44 Women 4x800 Meter Relay

NSIC Record: N 9:15.03 1982		MSU-Moorhead	
School		Finals	Points
1 MINNESOTA STATE UNIVERSITY MOO 'A'		9:13.36N	10
1) Sara Julsrud	2) Rayna Berndt		
3) Anna VanWechel	4) Ashley Roemer		
2 UNIVERSITY OF MARY 'A'		9:30.43	8
1) Hannah Moen	2) Michelle Huxtable		
3) Josie Reiner	4) Cassie Blazer		
3 WAYNE STATE COLLEGE 'A'		9:36.01	6
1) Melissa Schmit	2) Meghan Costello		
3) Molly Gibson	4) Paige Pollard		
4 NORTHERN STATE UNIVERSITY 'A'		9:36.81	4
1) Jenny Baus	2) Katy Hilton		
3) Danielle Nickolas	4) Toni Fritz		
5 WINONA STATE UNIVERSITY 'A'		9:42.36	2
1) Kathryn McElroy	2) Michelle Schreiner		
3) Kelsey Stensland	4) Alyssa Brandt		
6 BEMIDJI STATE UNIVERSITY 'A'		9:59.72	1
1) Jamie LeDuc	2) Genna Ironi		
3) Rebecca Hougen	4) Kristi Buerkle		

Women - Team Rankings - 22 Events Scored

1) UNIVERSITY OF MARY	214.50	2) Minnesota State Universit	145
3) WAYNE STATE COLLEGE	106	4) WINONA STATE UNIVERSITY	103
5) BEMIDJI STATE UNIVERSITY	48.50	6) NORTHERN STATE UNIVERSITY	37
7) Concordia Saint-Paul	28		