

Licensed to Wayne State College Hy-Tek's Meet Manager 5/10/2008 08:36 PM
 2008 NSIC Outdoor Championship
 Results

Event 1 Women 100 Meter Dash

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NSIC Record: N 11.51 1983      Jeri Domes, Mankato State
NCAA Auto: A 11.65
NCAA Prov: P 12.10
Name                              Year School                              Prelims    Wind H#
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Preliminaries
  1 Kacie Sweep                      UNIVERSITY O                              12.11Q    1.0    2
  2 Mishay Weber                      UNIVERSITY O                              12.28Q    1.1    1
  3 Kristen Stewart                    UNIVERSITY O                              12.36q    1.0    2
  4 Jennifer Hensel                    MINNESOTA ST                              12.53q    1.0    2
  5 Lindsey Derby                      WINONA STATE                              12.54q    1.1    1
  6 Kylie Herian                        WAYNE STATE                                12.55q    1.1    1
  7 Jessica Devine                      WINONA STATE                              12.61q    1.1    1
  8 Christina King                      WAYNE STATE                                12.73q    1.0    2
  9 Kayla Weisbeck                     UNIVERSITY O                                12.76     1.1    1
 10 Marisa Aldinger                    NORTHERN STA                              12.77     1.0    2
 11 Nikki Olson                        WINONA STATE                                12.89     1.1    1
 12 Nicole Rawlings                    BEMIDJI STAT                                13.04     1.0    2
 13 Sarah Dalton                        BEMIDJI STAT                                13.24     1.0    2
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Event 1 Women 100 Meter Dash

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=====
NSIC Record: N 11.51 1983      Jeri Domes, Mankato State
NCAA Auto: A 11.65
NCAA Prov: P 12.10
Name                              Year School                              Finals    Wind Points
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Finals
  1 Kacie Sweep                      UNIVERSITY O                              12.11    +0.0    10
  2 Mishay Weber                      UNIVERSITY O                              12.23    +0.0    8
  3 Lindsey Derby                      WINONA STATE                              12.48    +0.0    6
  4 Jennifer Hensel                    MINNESOTA ST                              12.51    +0.0    4
  5 Jessica Devine                      WINONA STATE                              12.55    +0.0    2
  6 Kristen Stewart                      UNIVERSITY O                                12.70    +0.0    1
  7 Kylie Herian                        WAYNE STATE                                12.96    +0.0    1
  -- Christina King                    WAYNE STATE                                DNF     +0.0    1
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Event 3 Women 100 Meter Hurdles

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NSIC Record: N 14.28 2007      Rachel Roebke, Wayne State
NCAA Auto: A 14.00
NCAA Prov: P 14.60
Name                              Year School                              Prelims    Wind H#
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Preliminaries
  1 Rachel Roebke                      WAYNE STATE                              P 14.37Q +0.0    2
  2 Kylie Herian                        WAYNE STATE                                14.76Q    1.0    1
  3 Brianna Perry                        UNIVERSITY O                              15.18q    +0.0    2
  4 Jade Lippman                        WAYNE STATE                                15.47q    1.0    1
  5 Rebecca Hougen                      BEMIDJI STAT                                15.67q    1.0    1
  6 Emily Asuncion                        WINONA STATE                                15.79q    1.0    1
  7 Kaitlyn Jensen                        WINONA STATE                                15.89q    1.0    1
  8 Sarah Dalton                        BEMIDJI STAT                                16.00q    +0.0    2
  9 Andrea Sjomeling                    NORTHERN STA                              16.06    +0.0    2
 10 Alison Streyle                      MINNESOTA ST                              16.53    +0.0    2
 11 Tanya Vassar                        NORTHERN STA                                16.90    +0.0    2
 12 Pearl Walker                        BEMIDJI STAT                                16.97    +0.0    2
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13 Alyssa Lammers WINONA STATE 17.49 1.0 1

Event 3 Women 100 Meter Hurdles

NSIC Record: N 14.28 2007 Rachel Roebke, Wayne State
 NCAA Auto: A 14.00
 NCAA Prov: P 14.60

| Name | Year | School | Finals | Wind | Points |
|------------------|------|--------------|--------|------|--------|
| Finals | | | | | |
| 1 Rachel Roebke | | WAYNE STATE | 14.26N | 1.0 | 10 |
| 2 Kylie Herian | | WAYNE STATE | 14.32P | 1.0 | 8 |
| 3 Brianna Perry | | UNIVERSITY O | 15.21 | 1.0 | 6 |
| 4 Emily Asuncion | | WINONA STATE | 15.30 | 1.0 | 4 |
| 5 Kaitlyn Jensen | | WINONA STATE | 15.74 | 1.0 | 2 |
| 6 Jade Lippman | | WAYNE STATE | 15.79 | 1.0 | 1 |
| 7 Rebecca Hougen | | BEMIDJI STAT | 15.84 | 1.0 | |
| 8 Sarah Dalton | | BEMIDJI STAT | 16.05 | 1.0 | |

Event 5 Women 200 Meter Dash

NSIC Record: N 23.98 1983 Jeri Domes, Mankato State
 NCAA Auto: A 23.95
 NCAA Prov: P 24.80

| Name | Year | School | Prelims | Wind | H# |
|----------------------|------|--------------|---------|------|----|
| Preliminaries | | | | | |
| 1 Kacie Sweep | | UNIVERSITY O | 24.82Q | +0.0 | 2 |
| 2 Mishay Weber | | UNIVERSITY O | 25.43Q | +0.0 | 1 |
| 3 Kristen Stewart | | UNIVERSITY O | 25.47q | +0.0 | 2 |
| 4 Jennifer Hensel | | MINNESOTA ST | 25.58q | +0.0 | 2 |
| 5 Nicole Johnson | | WINONA STATE | 25.74q | +0.0 | 2 |
| 6 Kristi Buerkle | | BEMIDJI STAT | 25.84q | +0.0 | 1 |
| 7 Katie Johnson | | CONCORDIA SA | 26.00q | +0.0 | 1 |
| 8 Nikki Olson | | WINONA STATE | 26.03q | +0.0 | 1 |
| 9 Kylie Herian | | WAYNE STATE | 26.11 | +0.0 | 2 |
| 10 Kelly Milkent | | WINONA STATE | 26.20 | +0.0 | 1 |
| 11 Natalie Wipf | | NORTHERN STA | 26.26 | +0.0 | 2 |
| 12 M'Kelle Tomberlin | | BEMIDJI STAT | 26.29 | +0.0 | 1 |
| 13 Christina King | | WAYNE STATE | 26.35 | +0.0 | 1 |
| 14 Kayla Weisbeck | | UNIVERSITY O | 26.70 | +0.0 | 2 |
| 15 Samantha Lisowski | | WINONA STATE | 26.96 | +0.0 | 1 |

Event 5 Women 200 Meter Dash

NSIC Record: N 23.98 1983 Jeri Domes, Mankato State
 NCAA Auto: A 23.95
 NCAA Prov: P 24.80

| Name | Year | School | Finals | Wind | Points |
|-------------------|------|--------------|--------|------|--------|
| Finals | | | | | |
| 1 Kacie Sweep | | UNIVERSITY O | 24.72P | 0.3 | 10 |
| 2 Kristi Buerkle | | BEMIDJI STAT | 25.10 | 0.3 | 8 |
| 3 Mishay Weber | | UNIVERSITY O | 25.12 | 0.3 | 6 |
| 4 Nicole Johnson | | WINONA STATE | 25.61 | 0.3 | 4 |
| 5 Jennifer Hensel | | MINNESOTA ST | 25.83 | 0.3 | 2 |
| 6 Nikki Olson | | WINONA STATE | 26.11 | 0.3 | 1 |
| 7 Katie Johnson | | CONCORDIA SA | 26.50 | 0.3 | |

Event 7 Women 400 Meter Dash

NSIC Record: N 55.43 2004 Andrea Vake, Minnesota-Duluth
 NCAA Auto: A 55.00

NCAA Prov: P 56.80

| Name | Year School | Finals | H# | Points |
|----------------------|--------------|---------|----|--------|
| 1 Kristi Buerkle | BEMIDJI STAT | 56.43P | 2 | 10 |
| 2 Cassie Blazer | UNIVERSITY O | 56.54P | 2 | 8 |
| 3 Jennifer Bradford | WINONA STATE | 57.21 | 2 | 6 |
| 4 Nicole Johnson | WINONA STATE | 58.51 | 2 | 4 |
| 5 Paige Paulson | NORTHERN STA | 58.67 | 1 | 2 |
| 6 Betsy Bischoff | UNIVERSITY O | 58.71 | 2 | 1 |
| 7 Christina King | WAYNE STATE | 58.85 | 2 | |
| 8 Katie Johnson | CONCORDIA SA | 59.02 | 2 | |
| 9 M'Kelle Tomberlin | BEMIDJI STAT | 59.26 | 1 | |
| 10 Beth Braun | WINONA STATE | 59.83 | 1 | |
| 11 Kristina Anderson | MINNESOTA ST | 1:00.05 | 2 | |
| 12 Kirby Black | MINNESOTA ST | 1:00.79 | 1 | |
| 13 Brittany Semrau | WINONA STATE | 1:02.23 | 1 | |
| 14 Katy Hilton | NORTHERN STA | 1:03.31 | 1 | |

Event 9 Women 400 Meter Hurdles

NSIC Record: N 1:00.96 2007 Cassie Blazer, Univ. Mary
 NCAA Auto: A 1:00.00
 NCAA Prov: P 1:03.00

| Name | Year School | Finals | H# | Points |
|--------------------|--------------|----------|----|--------|
| 1 Sara Julsrud | MINNESOTA ST | 1:01.43P | 2 | 10 |
| 2 Paige Pollard | WAYNE STATE | 1:01.95P | 2 | 8 |
| 3 Lisa Meyer | WINONA STATE | 1:01.96P | 2 | 6 |
| 4 Cassie Blazer | UNIVERSITY O | 1:02.76P | 2 | 4 |
| 5 Alison Streyle | MINNESOTA ST | 1:02.98P | 2 | 2 |
| 6 Josie Reiner | UNIVERSITY O | 1:05.04 | 1 | 1 |
| 7 Andrea Sjomeling | NORTHERN STA | 1:05.11 | 1 | |
| 8 Jade Lippman | WAYNE STATE | 1:05.74 | 2 | |
| 9 Jessica Irvin | WINONA STATE | 1:24.18 | 1 | |

Event 11 Women 800 Meter Run

NSIC Record: N 2:12.11 1982 Pam Harty, MSU-Moorhead
 NCAA Auto: A 2:10.50
 NCAA Prov: P 2:15.00

| Name | Year School | Finals | H# | Points |
|----------------------|--------------|---------|----|--------|
| 1 Ashley Roemer | MINNESOTA ST | 2:15.36 | 2 | 10 |
| 2 Hannah Moen | UNIVERSITY O | 2:20.53 | 2 | 8 |
| 3 Jenny Baus | NORTHERN STA | 2:22.17 | 2 | 6 |
| 4 Molly Gibson | WAYNE STATE | 2:23.10 | 2 | 4 |
| 5 Kaitlin Hartnett | CONCORDIA SA | 2:23.26 | 2 | 2 |
| 6 Megan Fulton | CONCORDIA SA | 2:23.86 | 2 | 1 |
| 7 Michelle Schreiner | WINONA STATE | 2:24.24 | 1 | |
| 8 Alyssa Brandt | WINONA STATE | 2:24.41 | 2 | |
| 9 Kelsey Stensland | WINONA STATE | 2:24.57 | 1 | |
| 10 Toni Fritz | NORTHERN STA | 2:25.37 | 1 | |
| 11 Danielle Nickolas | NORTHERN STA | 2:26.02 | 1 | |
| 12 Genna Ironi | BEMIDJI STAT | 2:29.39 | 2 | |
| 13 Whitney Fridley | UNIVERSITY O | 2:32.26 | 1 | |
| 14 Kristy Doffin | WAYNE STATE | 2:35.76 | 1 | |
| 15 Roxy Kashani | CONCORDIA SA | 2:45.77 | 1 | |

Event 13 Women 1500 Meter Run

NSIC Record: N 4:35.95 1987 Lynn Stottler, Minnesota-Duluth
 NCAA Auto: A 4:31.00
 NCAA Prov: P 4:42.00

| Name | Year School | Finals | Points |
|---------------------|--------------|---------|--------|
| 1 Anna VanWechel | MINNESOTA ST | 4:42.73 | 10 |
| 2 Jenny Baus | NORTHERN STA | 4:46.58 | 8 |
| 3 Hannah Moen | UNIVERSITY O | 4:48.31 | 6 |
| 4 Melissa Schmit | WAYNE STATE | 4:53.72 | 4 |
| 5 Rayna Berndt | MINNESOTA ST | 4:54.71 | 2 |
| 6 Jenna Southworth | WINONA STATE | 4:55.69 | 1 |
| 7 Allie Glasbrenner | WINONA STATE | 5:01.19 | |
| 8 Bethany Easker | WINONA STATE | 5:05.10 | |
| 9 Meghan Costello | WAYNE STATE | 5:08.71 | |
| 10 Melissa McIntosh | WAYNE STATE | 5:10.84 | |
| 11 Michelle Jeske | WINONA STATE | 5:18.32 | |
| 12 Megan Knudson | WAYNE STATE | 5:28.91 | |
| 13 Jenna McCoy | WAYNE STATE | 5:31.95 | |
| 14 Brittany Becker | BEMIDJI STAT | 5:41.18 | |

Event 16 Women 3000 Meter Steeplechase

NSIC Record: N 10:59.90 2001 Tammy Stang, Minnesota-Duluth
 NCAA Auto: A 11:00.00
 NCAA Prov: P 11:27.00

| Name | Year School | Finals | Points |
|---------------------|--------------|----------|--------|
| 1 Sarah Thomsen | WAYNE STATE | 11:45.58 | 10 |
| 2 Jenna Southworth | WINONA STATE | 11:48.37 | 8 |
| 3 Ivy Roe | UNIVERSITY O | 11:50.90 | 6 |
| 4 Sarah Rebenitsch | MINNESOTA ST | 12:06.37 | 4 |
| 5 Danielle Thompson | MINNESOTA ST | 12:14.41 | 2 |
| 6 Allie Glasbrenner | WINONA STATE | 12:19.09 | 1 |
| 7 Sandra James | CONCORDIA SA | 12:30.86 | |
| 8 Jenna McCoy | WAYNE STATE | 12:46.41 | |
| 9 Kelly Rieber | WINONA STATE | 13:03.06 | |
| 10 Brittany Becker | BEMIDJI STAT | 14:08.59 | |

Event 18 Women 5000 Meter Run

NSIC Record: N 16:59.66 1982 Lynn Nelson, Mankato State
 NCAA Auto: A 17:11.00
 NCAA Prov: P 17:45.00

| Name | Year School | Finals | Points |
|----------------------|--------------|----------|--------|
| 1 Anna VanWechel | MINNESOTA ST | 18:35.88 | 10 |
| 2 Alyson Piccolo | UNIVERSITY O | 18:49.80 | 8 |
| 3 Kristen Neumiller | UNIVERSITY O | 18:52.54 | 6 |
| 4 Melissa Schmit | WAYNE STATE | 19:10.13 | 4 |
| 5 Kari Bloch | MINNESOTA ST | 19:15.60 | 2 |
| 6 Rayna Berndt | MINNESOTA ST | 19:23.41 | 1 |
| 7 Bethany Easker | WINONA STATE | 19:25.64 | |
| 8 Sarah Thomsen | WAYNE STATE | 19:40.26 | |
| 9 Karolyn Kohl | UNIVERSITY O | 19:43.02 | |
| 10 Sarah Rebenitsch | MINNESOTA ST | 19:46.17 | |
| 11 Melissa McIntosh | WAYNE STATE | 19:54.28 | |
| 12 Meghan Jacob | WAYNE STATE | 19:58.70 | |
| 13 Danielle Thompson | MINNESOTA ST | 20:17.97 | |
| 14 Valerie Moore | NORTHERN STA | 20:20.51 | |
| 15 Ivy Roe | UNIVERSITY O | 20:23.81 | |
| 16 Kari Linneman | NORTHERN STA | 20:27.15 | |
| 17 Michelle Hanson | MINNESOTA ST | 20:31.69 | |
| 18 Steph Smith | WINONA STATE | 20:40.35 | |
| 19 Emily Stanzyk | CONCORDIA SA | 20:44.57 | |
| 20 Madie Heinrich | WINONA STATE | 21:02.80 | |

Event 20 Women 10000 Meter Run

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 NSIC Record: N 37:24.57 1983 Kathy Kaiser, Mankato State
 NCAA Auto: A 35:50.00
 NCAA Prov: P 37:30.00

| Name | Year School | Finals | Points |
|---------------------|--------------|----------|--------|
| 1 Alyson Piccolo | UNIVERSITY O | 39:09.26 | 10 |
| 2 Kristen Neumiller | UNIVERSITY O | 39:09.65 | 8 |
| 3 Kari Bloch | MINNESOTA ST | 40:41.77 | 6 |
| 4 Madie Heinrich | WINONA STATE | 41:11.51 | 4 |
| 5 Karolyn Kohl | UNIVERSITY O | 41:24.75 | 2 |
| 6 Meghan Jacob | WAYNE STATE | 41:46.01 | 1 |
| 7 Michelle Hanson | MINNESOTA ST | 41:58.17 | |
| 8 Kari Linneman | NORTHERN STA | 42:01.90 | |
| 9 Steph Smith | WINONA STATE | 42:20.71 | |
| 10 Kristen Frohlich | UNIVERSITY O | 45:41.49 | |
| 11 Sandra James | CONCORDIA SA | 47:51.52 | |

Event 22 Women Shot Put

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 NSIC Record: N 49-02.25 2007 Sheena Devine, Bemidji State
 NCAA Auto: A 14.90m
 NCAA Prov: P 13.30m

| Name | Year School | Finals | Points |
|--------------------|--------------|------------------|--------|
| 1 Sheena Devine | BEMIDJI STAT | 14.64mP 48-00.50 | 10 |
| 2 Katie Wilson | WAYNE STATE | 14.34mP 47-00.75 | 8 |
| 3 Rebecca Stier | WINONA STATE | 12.87m 42-02.75 | 6 |
| 4 Chelsey Brown | WINONA STATE | 12.33m 40-05.50 | 4 |
| 5 Melissa Ramirez | UNIVERSITY O | 12.29m 40-04.00 | 2 |
| 6 Amanda Madden | NORTHERN STA | 12.14m 39-10.00 | 1 |
| 7 Casey Buskirk | WAYNE STATE | 11.44m 37-06.50 | |
| 8 Michelle Potter | WINONA STATE | 10.97m 36-00.00 | |
| 9 Abby Nielsen | CONCORDIA SA | 10.88m 35-08.50 | |
| 10 Angelina Hutter | CONCORDIA SA | 10.83m 35-06.50 | |
| 11 Kaysee Nesmo | CONCORDIA SA | 10.81m 35-05.75 | |
| 12 Michelle Jetvig | MINNESOTA ST | 10.61m 34-09.75 | |

Event 24 Women Discus Throw

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 NSIC Record: N 152-06 2000 Nichole Hall, Northern State
 NCAA Auto: A 47.60m
 NCAA Prov: P 43.00m

| Name | Year School | Finals | Points |
|--------------------|--------------|----------------|--------|
| 1 Katie Wilson | WAYNE STATE | 44.21mP 145-00 | 10 |
| 2 Allison Swenson | MINNESOTA ST | 42.36m 139-00 | 8 |
| 3 Rebecca Stier | WINONA STATE | 40.21m 131-11 | 6 |
| 4 Michelle Potter | WINONA STATE | 37.93m 124-05 | 4 |
| 5 Katie Smith | NORTHERN STA | 37.59m 123-04 | 2 |
| 6 Jasmine Henrich | MINNESOTA ST | 37.58m 123-03 | 1 |
| 7 Amanda Madden | NORTHERN STA | 37.49m 123-00 | |
| 8 Ashley Tanner | NORTHERN STA | 35.35m 116-00 | |
| 9 Melissa Ramirez | UNIVERSITY O | 35.27m 115-08 | |
| 10 Shay Tullberg | WAYNE STATE | 34.41m 112-11 | |
| 11 Jenna Bickel | WINONA STATE | 32.38m 106-03 | |
| 12 Kaysee Nesmo | CONCORDIA SA | 30.49m 100-00 | |
| 13 Michelle Jetvig | MINNESOTA ST | 28.69m 94-01 | |

Event 26 Women Hammer Throw

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 NSIC Record: N 183-02 2003 Belinda Eastlack, MSU-Moorhead

NCAA Auto: A 54.00m

NCAA Prov: P 49.00m

| Name | Year School | Finals | Points |
|----------------------|--------------|---------|-----------|
| 1 Katie Wilson | WAYNE STATE | 52.61mP | 172-07 10 |
| 2 Amanda Madden | NORTHERN STA | 49.18mP | 161-04 8 |
| 3 Lacey Jensen | WAYNE STATE | 48.95m | 160-07 6 |
| 4 Michelle Potter | WINONA STATE | 46.70m | 153-02 4 |
| 5 Chelsey Brown | WINONA STATE | 44.87m | 147-02 2 |
| 6 Katie Smith | NORTHERN STA | 44.73m | 146-09 1 |
| 7 Shay Tullberg | WAYNE STATE | 44.09m | 144-08 |
| 8 Missy Kelsy | BEMIDJI STAT | 43.68m | 143-04 |
| 9 Casey Buskirk | WAYNE STATE | 42.31m | 138-10 |
| 10 Michelle Jetvig | MINNESOTA ST | 39.71m | 130-03 |
| 11 Michelle Schultze | WINONA STATE | 38.08m | 124-11 |
| 12 Jasmine Henrich | MINNESOTA ST | 36.65m | 120-03 |
| 13 Kaysee Nesmoie | CONCORDIA SA | 35.33m | 115-11 |
| 14 Meri Pearson | CONCORDIA SA | 29.71m | 97-06 |

Event 28 Women Javelin Throw

NSIC Record: N 153-04 1982 Kelly Owen, MSU-Moorhead

NCAA Auto: A 47.60m

NCAA Prov: P 41.00m

| Name | Year School | Finals | Points |
|----------------------|--------------|--------|-----------|
| 1 Holly Hassler | UNIVERSITY O | 39.25m | 128-09 10 |
| 2 Chelsey Geisler | BEMIDJI STAT | 37.80m | 124-00 8 |
| 3 Lauren Brown | WINONA STATE | 36.44m | 119-07 6 |
| 4 Christy Gabrielson | UNIVERSITY O | 36.30m | 119-01 4 |
| 5 Sonny Schulz | UNIVERSITY O | 36.29m | 119-01 2 |
| 6 Missy Kelsy | BEMIDJI STAT | 35.71m | 117-02 1 |
| 7 Jenni Bauer | BEMIDJI STAT | 35.63m | 116-11 |
| 8 Krystle Lonning | WINONA STATE | 28.49m | 93-06 |
| 9 Laura Smith | NORTHERN STA | 26.69m | 87-07 |

Event 30 Women High Jump

NSIC Record: N 5-08.25 1991 Jodi Swenson, Minnesota-Duluth

NCAA Auto: A 1.75m

NCAA Prov: P 1.68m

| Name | Year School | Finals | Points |
|-------------------|--------------|--------|------------|
| 1 Ashley Roemer | MINNESOTA ST | 1.68mP | 5-06.00 10 |
| 2 Ashley Grammens | UNIVERSITY O | 1.58m | 5-02.25 8 |
| 3 Brianna Perry | UNIVERSITY O | J1.58m | 5-02.25 6 |
| 4 Ashley Hagen | MINNESOTA ST | J1.58m | 5-02.25 4 |
| 5 Misty Rystrom | WAYNE STATE | J1.58m | 5-02.25 2 |
| 6 Kale Johnson | WINONA STATE | 1.53m | 5-00.25 1 |
| 7 Alyssa Lammers | WINONA STATE | J1.53m | 5-00.25 |
| 7 Lindsey Ecklund | MINNESOTA ST | J1.53m | 5-00.25 |
| 9 Ashley Rietz | MINNESOTA ST | 1.48m | 4-10.25 |
| 9 Jamie Gunderson | NORTHERN STA | 1.48m | 4-10.25 |
| 9 Tanya Vassar | NORTHERN STA | 1.48m | 4-10.25 |
| 9 Laura Smith | NORTHERN STA | 1.48m | 4-10.25 |
| 13 Hayley Reed | CONCORDIA SA | 1.43m | 4-08.25 |
| -- Jade Lippman | WAYNE STATE | NH | |

Event 32 Women Long Jump

NSIC Record: N 20-08.50 1985 Julie Hay, Minnesota-Duluth

NCAA Auto: A 5.90m

NCAA Prov: P 5.60m

| Name | Year | School | Finals | Wind | Points | |
|---------------------|------|--------------|--------|------|----------|----|
| 1 Katie Johnson | | CONCORDIA SA | 5.50m | 0.8 | 18-00.50 | 10 |
| 2 Brianna Perry | | UNIVERSITY O | 5.48m | 1.3 | 17-11.75 | 8 |
| 3 M'Kelle Tomberlin | | BEMIDJI STAT | 5.45m | 1.5 | 17-10.75 | 6 |
| 4 Destinee Keller | | UNIVERSITY O | 5.37m | 0.9 | 17-07.50 | 4 |
| 5 Ashley Roemer | | MINNESOTA ST | 5.25m | 0.5 | 17-02.75 | 2 |
| 6 Marisa Aldinger | | NORTHERN STA | 5.20m | 0.8 | 17-00.75 | 1 |
| 7 Kirby Black | | MINNESOTA ST | 5.11m | +0.0 | 16-09.25 | |
| 8 Alyssa Lammers | | WINONA STATE | 4.98m | 0.6 | 16-04.25 | |
| 9 Ashley Grammens | | UNIVERSITY O | 4.76m | 0.7 | 15-07.50 | |

Event 34 Women Triple Jump

NSIC Record: N 39-00.50 2005 Jessica Trautwein, MSU-Moorhead
 NCAA Auto: A 12.25m
 NCAA Prov: P 11.60m

| Name | Year | School | Finals | Wind | Points | |
|-------------------|------|--------------|---------|------|----------|----|
| 1 Destinee Keller | | UNIVERSITY O | 11.70mP | NWI | 38-04.75 | 10 |
| 2 Brianna Perry | | UNIVERSITY O | 11.51m | NWI | 37-09.25 | 8 |
| 3 Ashley Grammens | | UNIVERSITY O | 11.31m | NWI | 37-01.25 | 6 |
| 4 Katie Johnson | | CONCORDIA SA | 11.28m | NWI | 37-00.25 | 4 |
| 5 Kirby Black | | MINNESOTA ST | 10.96m | NWI | 35-11.50 | 2 |
| 6 Emily Asuncion | | WINONA STATE | 10.60m | NWI | 34-09.50 | 1 |
| 7 Danae Stuhr | | WAYNE STATE | 10.51m | NWI | 34-05.75 | |
| 8 Kale Johnson | | WINONA STATE | 10.33m | NWI | 33-10.75 | |
| 9 Heather Bonn | | NORTHERN STA | 10.27m | NWI | 33-08.50 | |
| 10 Rebecca Hougen | | BEMIDJI STAT | 10.10m | NWI | 33-01.75 | |

Event 36 Women Pole Vault

NSIC Record: N 12-09.50 2007 Jennifer Hensel, MSU-Moorhead
 NCAA Auto: A 3.91m
 NCAA Prov: P 3.60m

| Name | Year | School | Finals | Points | |
|-------------------|------|--------------|--------|----------|-----|
| 1 Jennifer Hensel | | MINNESOTA ST | 3.91mA | 12-10.00 | 10 |
| 2 Kaylyn Ronke | | MINNESOTA ST | 3.31m | 10-10.25 | 7 |
| 2 Jayme Anderson | | CONCORDIA SA | 3.31m | 10-10.25 | 7 |
| 4 Hayley Reed | | CONCORDIA SA | 3.16m | 10-04.25 | 4 |
| 5 Nicole Ackerman | | UNIVERSITY O | 3.01m | 9-10.50 | 1.5 |
| 5 Angela Winsor | | BEMIDJI STAT | 3.01m | 9-10.50 | 1.5 |
| 7 Chyna Bailey | | UNIVERSITY O | 2.86m | 9-04.50 | |
| -- Steph Precourt | | WINONA STATE | NH | | |
| -- Katie MacRae | | MINNESOTA ST | NH | | |

Event 38 Women Heptathlon

NSIC Record: N 4666 1982 Char Nelson, Southwest State
 NCAA Auto: A 4880
 NCAA Prov: P 4440

| Name | Year | School | Finals | Points |
|-------------------|------|--------------|--------|--------|
| 1 Ashley Roemer | | MINNESOTA ST | 4755N | 10 |
| 2 Brianna Perry | | UNIVERSITY O | 4274 | 8 |
| 3 Jade Lippman | | WAYNE STATE | 4250 | 6 |
| 4 Kaitlyn Jensen | | WINONA STATE | 4113 | 4 |
| 5 Ashley Grammens | | UNIVERSITY O | 3968 | 2 |
| 6 Tanya Vassar | | NORTHERN STA | 3843 | 1 |
| 7 Rebecca Hougen | | BEMIDJI STAT | 3704 | |
| 8 Laura Smith | | NORTHERN STA | 3682 | |
| 9 Alyssa Lammers | | WINONA STATE | 3025 | |

10 Pearl Walker

BEMIDJI STAT

2840

Event 40 Women 4x100 Meter Relay

| NSIC Record: N 47.48 2007 Univ. Mary | | | |
|--------------------------------------|----------------------|--------|--------|
| NCAA Auto: A 46.00 | | | |
| NCAA Prov: P 47.60 | | | |
| School | | Finals | Points |
| 1 UNIVERSITY OF MARY 'A' | | 47.72 | 10 |
| 1) Cassie Blazer | 2) Kacie Sweep | | |
| 3) Mishay Weber | 4) Kristen Stewart | | |
| 2 WINONA STATE UNIVERSITY 'A' | | 48.27 | 8 |
| 1) Samantha Lisowski | 2) Lindsey Derby | | |
| 3) Nikki Olson | 4) Jessica Devine | | |
| 3 MINNESOTA STATE UNIVERSITY MOO 'A' | | 48.61 | 6 |
| 1) Alison Streyle | 2) Kristina Anderson | | |
| 3) Sara Julsrud | 4) Jennifer Hensel | | |
| 4 WAYNE STATE COLLEGE 'A' | | 48.88 | 4 |
| 1) Jade Lippman | 2) Kylie Herian | | |
| 3) Christina King | 4) Rachel Roebke | | |
| 5 BEMIDJI STATE UNIVERSITY 'A' | | 49.94 | 2 |
| 1) Sarah Dalton | 2) M'Kelle Tomberlin | | |
| 3) Rebecca Hougen | 4) Kristi Buerkle | | |
| 6 NORTHERN STATE UNIVERSITY 'A' | | 50.24 | 1 |
| 1) Andrea Sjomeling | 2) Marisa Aldinger | | |
| 3) Tanya Vassar | 4) Natalie Wipf | | |

Event 42 Women 4x400 Meter Relay

| NSIC Record: N 3:50.18 2007 Univ. Mary | | | |
|----------------------------------------|----------------------|---------|--------|
| NCAA Auto: A 3:42.00 | | | |
| NCAA Prov: P 3:52.00 | | | |
| School | | Finals | Points |
| 1 MINNESOTA STATE UNIVERSITY MOO 'A' | | 3:59.88 | 10 |
| 1) Sara Julsrud | 2) Alison Streyle | | |
| 3) Ashley Roemer | 4) Kristina Anderson | | |
| 2 UNIVERSITY OF MARY 'A' | | 4:05.59 | 8 |
| 1) Betsy Bischoff | 2) Mishay Weber | | |
| 3) Michelle Huxtable | 4) Cassie Blazer | | |
| 3 WINONA STATE UNIVERSITY 'A' | | 4:07.78 | 6 |
| 1) Kelly Milkent | 2) Nicole Johnson | | |
| 3) Lisa Meyer | 4) Jennifer Bradford | | |
| 4 WAYNE STATE COLLEGE 'A' | | 4:14.90 | 4 |
| 1) Rachel Roebke | 2) Jade Lippman | | |
| 3) Molly Gibson | 4) Paige Pollard | | |
| 5 NORTHERN STATE UNIVERSITY 'A' | | 4:14.96 | 2 |
| 1) Andrea Sjomeling | 2) Katy Hilton | | |
| 3) Jenny Baus | 4) Paige Paulson | | |
| 6 BEMIDJI STATE UNIVERSITY 'A' | | 4:20.84 | 1 |
| 1) M'Kelle Tomberlin | 2) Pearl Walker | | |
| 3) Rebecca Hougen | 4) Kristi Buerkle | | |
| 7 CONCORDIA SAINT-PAUL 'A' | | 4:51.03 | |
| 1) Kaitlin Hartnett | 2) Megan Fulton | | |
| 3) Hayley Reed | 4) Kaysee Nesmoe | | |

Event 44 Women 4x800 Meter Relay

| NSIC Record: N 9:15.03 1982 MSU-Moorhead | | | |
|------------------------------------------|--|----------|--------|
| School | | Finals | Points |
| 1 MINNESOTA STATE UNIVERSITY MOO 'A' | | 9:13.36N | 10 |

| | | | |
|---------------------------------|-----------------------|---------|---|
| 1) Sara Julsrud | 2) Rayna Berndt | | |
| 3) Anna VanWechel | 4) Ashley Roemer | | |
| 2 UNIVERSITY OF MARY 'A' | | 9:30.43 | 8 |
| 1) Hannah Moen | 2) Michelle Huxtable | | |
| 3) Josie Reiner | 4) Cassie Blazer | | |
| 3 WAYNE STATE COLLEGE 'A' | | 9:36.01 | 6 |
| 1) Melissa Schmit | 2) Meghan Costello | | |
| 3) Molly Gibson | 4) Paige Pollard | | |
| 4 NORTHERN STATE UNIVERSITY 'A' | | 9:36.81 | 4 |
| 1) Jenny Baus | 2) Katy Hilton | | |
| 3) Danielle Nickolas | 4) Toni Fritz | | |
| 5 WINONA STATE UNIVERSITY 'A' | | 9:42.36 | 2 |
| 1) Kathryn McElroy | 2) Michelle Schreiner | | |
| 3) Kelsey Stensland | 4) Alyssa Brandt | | |
| 6 BEMIDJI STATE UNIVERSITY 'A' | | 9:59.72 | 1 |
| 1) Jamie LeDuc | 2) Genna Ironi | | |
| 3) Rebecca Hougen | 4) Kristi Buerkle | | |

Women - Team Rankings - 22 Events Scored

| | | | |
|-----------------------------|--------|------------------------------|-----|
| 1) UNIVERSITY OF MARY | 214.50 | 2) Minnesota State Universit | 145 |
| 3) WAYNE STATE COLLEGE | 106 | 4) WINONA STATE UNIVERSITY | 103 |
| 5) BEMIDJI STATE UNIVERSITY | 48.50 | 6) NORTHERN STATE UNIVERSITY | 37 |
| 7) Concordia Saint-Paul | 28 | | |