

Licensed to Wayne State College                      Hy-Tek's Meet Manager 5/9/2008 08:46 PM  
 2008 NSIC Outdoor Championship  
 Results

## Event 1 Women 100 Meter Dash

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NSIC Record: N 11.51    1983                      Jeri Domes, Mankato State  
 NCAA Auto: A 11.65  
 NCAA Prov: P 12.10

Name	Year	School	Prelims	Wind	H#
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Preliminaries					
1 Kacie Sweep		UNIVERSITY O	12.11Q	1.0	2
2 Mishay Weber		UNIVERSITY O	12.28Q	1.1	1
3 Kristen Stewart		UNIVERSITY O	12.36q	1.0	2
4 Jennifer Hensel		MINNESOTA ST	12.53q	1.0	2
5 Lindsey Derby		WINONA STATE	12.54q	1.1	1
6 Kylie Herian		WAYNE STATE	12.55q	1.1	1
7 Jessica Devine		WINONA STATE	12.61q	1.1	1
8 Christina King		WAYNE STATE	12.73q	1.0	2
9 Kayla Weisbeck		UNIVERSITY O	12.76	1.1	1
10 Marisa Aldinger		NORTHERN STA	12.77	1.0	2
11 Nikki Olson		WINONA STATE	12.89	1.1	1
12 Nicole Rawlings		BEMIDJI STAT	13.04	1.0	2
13 Sarah Dalton		BEMIDJI STAT	13.24	1.0	2

## Event 3 Women 100 Meter Hurdles

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NSIC Record: N 14.28    2007                      Rachel Roebke, Wayne State  
 NCAA Auto: A 14.00  
 NCAA Prov: P 14.60

Name	Year	School	Prelims	Wind	H#
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1 Rachel Roebke		WAYNE STATE	P 14.37Q	+0.0	2
2 Kylie Herian		WAYNE STATE	14.76Q	1.0	1
3 Brianna Perry		UNIVERSITY O	15.18q	+0.0	2
4 Jade Lippman		WAYNE STATE	15.47q	1.0	1
5 Rebecca Hougen		BEMIDJI STAT	15.67q	1.0	1
6 Emily Asuncion		WINONA STATE	15.79q	1.0	1
7 Kaitlyn Jensen		WINONA STATE	15.89q	1.0	1
8 Sarah Dalton		BEMIDJI STAT	16.00q	+0.0	2
9 Andrea Sjomeling		NORTHERN STA	16.06	+0.0	2
10 Alison Streyle		MINNESOTA ST	16.53	+0.0	2
11 Tanya Vassar		NORTHERN STA	16.90	+0.0	2
12 Pearl Walker		BEMIDJI STAT	16.97	+0.0	2
13 Alyssa Lammers		WINONA STATE	17.49	1.0	1

## Event 5 Women 200 Meter Dash

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NSIC Record: N 23.98    1983                      Jeri Domes, Mankato State  
 NCAA Auto: A 23.95  
 NCAA Prov: P 24.80

Name	Year	School	Prelims	Wind	H#
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1 Kacie Sweep		UNIVERSITY O	24.82Q	+0.0	2
2 Mishay Weber		UNIVERSITY O	25.43Q	+0.0	1
3 Kristen Stewart		UNIVERSITY O	25.47q	+0.0	2
4 Jennifer Hensel		MINNESOTA ST	25.58q	+0.0	2
5 Nicole Johnson		WINONA STATE	25.74q	+0.0	2
6 Kristi Buerkle		BEMIDJI STAT	25.84q	+0.0	1
7 Katie Johnson		CONCORDIA SA	26.00q	+0.0	1
8 Nikki Olson		WINONA STATE	26.03q	+0.0	1
9 Kylie Herian		WAYNE STATE	26.11	+0.0	2

10	Kelly Milkent	WINONA STATE	26.20	+0.0	1
11	Natalie Wipf	NORTHERN STA	26.26	+0.0	2
12	M'Kelle Tomberlin	BEMIDJI STAT	26.29	+0.0	1
13	Christina King	WAYNE STATE	26.35	+0.0	1
14	Kayla Weisbeck	UNIVERSITY O	26.70	+0.0	2
15	Samantha Lisowski	WINONA STATE	26.96	+0.0	1

## Event 16 Women 3000 Meter Steeplechase

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 NSIC Record: N 10:59.90 2001 Tammy Stang, Minnesota-Duluth  
 NCAA Auto: A 11:00.00  
 NCAA Prov: P 11:27.00

Name	Year School	Finals	Points
1 Sarah Thomsen	WAYNE STATE	11:45.58	10
2 Jenna Southworth	WINONA STATE	11:48.37	8
3 Ivy Roe	UNIVERSITY O	11:50.90	6
4 Sarah Rebenitsch	MINNESOTA ST	12:06.37	4
5 Danielle Thompson	MINNESOTA ST	12:14.41	2
6 Allie Glasbrenner	WINONA STATE	12:19.09	1
7 Sandra James	CONCORDIA SA	12:30.86	
8 Jenna McCoy	WAYNE STATE	12:46.41	
9 Kelly Rieber	WINONA STATE	13:03.06	
10 Brittany Becker	BEMIDJI STAT	14:08.59	

## Event 20 Women 10000 Meter Run

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 NSIC Record: N 37:24.57 1983 Kathy Kaiser, Mankato State  
 NCAA Auto: A 35:50.00  
 NCAA Prov: P 37:30.00

Name	Year School	Finals	Points
1 Alyson Piccolo	UNIVERSITY O	39:09.26	10
2 Kristen Neumiller	UNIVERSITY O	39:09.65	8
3 Kari Bloch	MINNESOTA ST	40:41.77	6
4 Madie Heinrich	WINONA STATE	41:11.51	4
5 Karolyn Kohl	UNIVERSITY O	41:24.75	2
6 Meghan Jacob	WAYNE STATE	41:46.01	1
7 Michelle Hanson	MINNESOTA ST	41:58.17	
8 Kari Linneman	NORTHERN STA	42:01.90	
9 Steph Smith	WINONA STATE	42:20.71	
10 Kristen Frohlich	UNIVERSITY O	45:41.49	
11 Sandra James	CONCORDIA SA	47:51.52	

## Event 26 Women Hammer Throw

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 NSIC Record: N 183-02 2003 Belinda Eastlack, MSU-Moorhead  
 NCAA Auto: A 54.00m  
 NCAA Prov: P 49.00m

Name	Year School	Finals	Points
1 Katie Wilson	WAYNE STATE	52.61mP	172-07 10
2 Amanda Madden	NORTHERN STA	49.18mP	161-04 8
3 Lacey Jensen	WAYNE STATE	48.95m	160-07 6
4 Michelle Potter	WINONA STATE	46.70m	153-02 4
5 Chelsey Brown	WINONA STATE	44.87m	147-02 2
6 Katie Smith	NORTHERN STA	44.73m	146-09 1
7 Shay Tullberg	WAYNE STATE	44.09m	144-08
8 Missy Kelsy	BEMIDJI STAT	43.68m	143-04
9 Casey Buskirk	WAYNE STATE	42.31m	138-10
10 Michelle Jetvig	MINNESOTA ST	39.71m	130-03
11 Michelle Schultze	WINONA STATE	38.08m	124-11
12 Jasmine Henrich	MINNESOTA ST	36.65m	120-03

13 Kaysee Nesmoe	CONCORDIA SA	35.33m	115-11
14 Meri Pearson	CONCORDIA SA	29.71m	97-06

## Event 28 Women Javelin Throw

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 NSIC Record: N 153-04 1982 Kelly Owen, MSU-Moorhead  
 NCAA Auto: A 47.60m  
 NCAA Prov: P 41.00m

Name	Year School	Finals	Points
1 Holly Hassler	UNIVERSITY O	39.25m	128-09 10
2 Chelsey Geisler	BEMIDJI STAT	37.80m	124-00 8
3 Lauren Brown	WINONA STATE	36.44m	119-07 6
4 Christy Gabrielson	UNIVERSITY O	36.30m	119-01 4
5 Sonny Schulz	UNIVERSITY O	36.29m	119-01 2
6 Missy Kelsy	BEMIDJI STAT	35.71m	117-02 1
7 Jenni Bauer	BEMIDJI STAT	35.63m	116-11
8 Krystle Lonning	WINONA STATE	28.49m	93-06
9 Laura Smith	NORTHERN STA	26.69m	87-07

## Event 30 Women High Jump

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 NSIC Record: N 5-08.25 1991 Jodi Swenson, Minnesota-Duluth  
 NCAA Auto: A 1.75m  
 NCAA Prov: P 1.68m

Name	Year School	Finals	Points
1 Ashley Roemer	MINNESOTA ST	1.68mP	5-06.00 10
2 Ashley Grammens	UNIVERSITY O	1.58m	5-02.25 8
3 Brianna Perry	UNIVERSITY O	J1.58m	5-02.25 6
4 Ashley Hagen	MINNESOTA ST	J1.58m	5-02.25 4
5 Misty Rystrom	WAYNE STATE	J1.58m	5-02.25 2
6 Kale Johnson	WINONA STATE	1.53m	5-00.25 1
7 Alyssa Lammers	WINONA STATE	J1.53m	5-00.25
7 Lindsey Ecklund	MINNESOTA ST	J1.53m	5-00.25
9 Ashley Rietz	MINNESOTA ST	1.48m	4-10.25
9 Jamie Gunderson	NORTHERN STA	1.48m	4-10.25
9 Tanya Vassar	NORTHERN STA	1.48m	4-10.25
9 Laura Smith	NORTHERN STA	1.48m	4-10.25
13 Hayley Reed	CONCORDIA SA	1.43m	4-08.25
-- Jade Lippman	WAYNE STATE	NH	

## Event 32 Women Long Jump

=====  
 NSIC Record: N 20-08.50 1985 Julie Hay, Minnesota-Duluth  
 NCAA Auto: A 5.90m  
 NCAA Prov: P 5.60m

Name	Year School	Finals	Wind	Points
1 Katie Johnson	CONCORDIA SA	5.50m	0.8 18-00.50	10
2 Brianna Perry	UNIVERSITY O	5.48m	1.3 17-11.75	8
3 M'Kelle Tomberlin	BEMIDJI STAT	5.45m	1.5 17-10.75	6
4 Destinee Keller	UNIVERSITY O	5.37m	0.9 17-07.50	4
5 Ashley Roemer	MINNESOTA ST	5.25m	0.5 17-02.75	2
6 Marisa Aldinger	NORTHERN STA	5.20m	0.8 17-00.75	1
7 Kirby Black	MINNESOTA ST	5.11m	+0.0 16-09.25	
8 Alyssa Lammers	WINONA STATE	4.98m	0.6 16-04.25	
9 Ashley Grammens	UNIVERSITY O	4.76m	0.7 15-07.50	

## Event 36 Women Pole Vault

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 NSIC Record: N 12-09.50 2007 Jennifer Hensel, MSU-Moorhead  
 NCAA Auto: A 3.91m

NCAA Prov: P 3.60m

Name	Year School	Finals	Points
1 Jennifer Hensel	MINNESOTA ST	3.91mA 12-10.00	10
2 Kaylyn Ronke	MINNESOTA ST	3.31m 10-10.25	8
3 Jayme Anderson	CONCORDIA SA	J3.31m 10-10.25	6
4 Hayley Reed	CONCORDIA SA	3.16m 10-04.25	4
5 Angela Winsor	BEMIDJI STAT	3.01m 9-10.50	2
6 Nicole Ackerman	UNIVERSITY O	J3.01m 9-10.50	1
7 Chyna Bailey	UNIVERSITY O	2.86m 9-04.50	
-- Steph Precourt	WINONA STATE	NH	
-- Katie MacRae	MINNESOTA ST	NH	

## Event 38 Women Heptathlon

NSIC Record: N 4666 1982 Char Nelson, Southwest State  
 NCAA Auto: A 4880  
 NCAA Prov: P 4440

Name	Year School	Finals	Points
1 Ashley Roemer	MINNESOTA ST	4755N	10
2 Brianna Perry	UNIVERSITY O	4274	8
3 Jade Lippman	WAYNE STATE	4250	6
4 Kaitlyn Jensen	WINONA STATE	4113	4
5 Ashley Grammens	UNIVERSITY O	3968	2
6 Tanya Vassar	NORTHERN STA	3843	1
7 Rebecca Hougen	BEMIDJI STAT	3704	
8 Laura Smith	NORTHERN STA	3682	
9 Alyssa Lammers	WINONA STATE	3025	
10 Pearl Walker	BEMIDJI STAT	2840	

## Event 44 Women 4x800 Meter Relay

NSIC Record: N 9:15.03 1982 MSU-Moorhead  
 School

School	Finals	Points
1 MINNESOTA STATE UNIVERSITY MOO 'A'	9:13.36N	10
1) Sara Julsrud	2) Rayna Berndt	
3) Anna VanWechel	4) Ashley Roemer	
2 UNIVERSITY OF MARY 'A'	9:30.43	8
1) Hannah Moen	2) Michelle Huxtable	
3) Josie Reiner	4) Cassie Blazer	
3 WAYNE STATE COLLEGE 'A'	9:36.01	6
1) Melissa Schmit	2) Meghan Costello	
3) Molly Gibson	4) Paige Pollard	
4 NORTHERN STATE UNIVERSITY 'A'	9:36.81	4
1) Jenny Baus	2) Katy Hilton	
3) Danielle Nickolas	4) Toni Fritz	
5 WINONA STATE UNIVERSITY 'A'	9:42.36	2
6 BEMIDJI STATE UNIVERSITY 'A'	9:59.72	1
1) Jamie LeDuc	2) Genna Ironi	
3) Rebecca Hougen	4) Kristi Buerkle	

## Women - Team Rankings - 9 Events Scored

1) UNIVERSITY OF MARY	87	2) Minnesota State Universit	66
3) WAYNE STATE COLLEGE	41	4) WINONA STATE UNIVERSITY	32
5) Concordia Saint-Paul	20	6) BEMIDJI STATE UNIVERSITY	18
7) NORTHERN STATE UNIVERSITY	15		